

Asst. Prof. Sıdıka Burcu Üçok

Personal Information

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International Researcher IDs

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Biography

Assist. Prof. Dr. S. Burcu Özgülük Üçok has graduated from Bosphorus University, from the double major program of Preschool Education and Guidance and Psychological Counseling. Afterwards, she took her masters and PhD degrees from the Department of Educational Sciences, Psychological Counseling and Guidance program, METU. In her master's thesis, she studied Response Styles Theory and investigated the relationship of response styles and problem solving to the depressive symptoms of preadolescents. In her PhD dissertation, she examined the mediating roles of relationship satisfaction and satisfaction with dual-career lifestyle in the association between investments and commitment. After having her master's degree, she worked as a preschool teacher for two years at Robert College Child Study Center and she leded guidance and psychological activities there. Afterwards, she worked as a school counselor for 4 more years at prominent private schools in Istanbul and she started to work as a psychotherapist, as well. She has been working as an assistant professor in the Department of Educational Sciences, Psychological Counseling and Guidance Program, at TEDU University since February, 2021. Her research areas are rumination/ distraction, anger management, close relationships- child-parent relations, satisfaction, investments, and commitment in relationships, financial behaviors of families, dual-career marriages, we-ness, dyadic coping, gender identity and sexual orientation, psychological symptoms and well-being, and the education of psychological counselors. She has been conducting national and international/ cross-cultural scientific research in these areas. She has been teaching undergraduate courses and at the same time having sessions with her clients.

Education Information

Doctorate, Middle East Technical University, Faculty Of Education, Department Of Educational Sciences, Turkey 2009 - 2019

Postgraduate, Middle East Technical University, Faculty Of Education, Department Of Educational Sciences, Turkey 2006 - 2009

Undergraduate, Bogazici University, Faculty Of Education, Department Of Educational Sciences, Turkey 2001 - 2006

Foreign Languages

English, C1 Advanced

Dissertations

Doctorate, Mediating roles of satisfaction with dual-career lifestyle and relationship satisfaction in the association between investments and commitment, Middle East Technical University, Graduate School Of Social Sciences, 2019
Postgraduate, Testing Response Styles Theory: The relationship of response styles and problem solving to the depressive symptoms of preadolescents, Middle East Technical University, Graduate School Of Social Sciences, 2009

Research Areas

Social Sciences and Humanities, Educational Sciences, Guidance and Psychological Counseling

Academic Titles / Tasks

Assistant Professor, TED University, Faculty of Education, Department of Educational Sciences, 2021 - Continues
Lecturer, METU NCC, Educational Sciences, 2019 - 2021
Visiting Lecturer, METU NCC, Educational Sciences, 2019 - 2019
Research Assistant, Mef University, Guidance and Psychological Counseling, 2014 - 2017

Academic and Administrative Experience

Ambassador Projesi Komisyonu, TED University, Faculty Of Education, Department Of Educational Sciences, 2022 - Continues
Fakülte Yönetim Kurulu Dr. Öğretim Üyesi Temsilcisi, TED University, Faculty Of Education, Department Of Educational Sciences, 2021 - Continues
Topluma Hizmet Komisyonu, TED University, Faculty Of Education, Department Of Educational Sciences, 2021 - 2022
Fakülte-Okul İşbirliği Komisyonu, TED University, Faculty Of Education, Department Of Educational Sciences, 2021 - 2022

Courses

Theories of Counseling, Undergraduate
Practicum of Counseling in Schools 2, Undergraduate, 2023 - 2024, 2021 - 2022
Practicum of Counseling in Schools 1, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022
Theories of Counseling, Undergraduate, 2022 - 2023, 2021 - 2022
Family Counseling, Undergraduate, 2022 - 2023, 2021 - 2022
Seminars on Guidance and Psychological Counseling, Undergraduate, 2021 - 2022
Personality Theories, Undergraduate, 2021 - 2022
Marriage and Family Dynamics, Postgraduate, 2022 - 2023
Field Practice in School Counseling Services, Undergraduate, 2020 - 2021
Capstone Experiences in Guidance and Cou, Undergraduate, 2020 - 2021
Guidance and Psychological Counseling in Schools, Undergraduate, 2020 - 2021
Guidance and Psychological Counseling, Undergraduate, 2020 - 2021

Advising Theses

Özgülük Üçok S. B., The mediating role of positive dyadic coping in the association between psychological symptoms and marital satisfaction, Postgraduate, F.MERVE(Student), 2024
Üçok S. B., The Association between Differentiation of Self and Perceived Romantic Relationship Quality in Emerging Adults, Postgraduate, K.SARES(Student), 2024

Jury Memberships

Post Graduate, Post Graduate, Orta Doğu Teknik Üniversitesi, July, 2024

Post Graduate, Post Graduate, Bartın Üniversitesi, July, 2024

Post Graduate, Post Graduate, Bahçeşehir Üniversitesi, June, 2024

PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Orta Doğu Teknik Üniversitesi, May, 2024

Post Graduate, Post Graduate, TED Üniversitesi, May, 2024

Post Graduate, Post Graduate, Orta Doğu Teknik Üniversitesi, January, 2023

Doctorate, Doctorate, Orta Doğu Teknik Üniversitesi, November, 2022

Post Graduate, Post Graduate, Orta Doğu Teknik Üniversitesi, August, 2022

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Measuring positive LGBTQ+ identity: Psychometric properties of the Turkish Lesbian, Gay, and Bisexual Positive Identity Measure**
Barburoğlu Y., Çürükvelioğlu-Köksal E., Üçok S. B., Gandhi Y., Lannutti P. J., Randall A. K.
Personal Relationships, vol.31, no.3, pp.628-647, 2024 (SSCI)
- II. **Dual-career marriages: the interplay among dual-career lifestyle, satisfaction, relationship investments and commitment**
Özgülük Üçok S. B., Hatipoğlu-Sümer Z.
British Journal of Guidance and Counselling, vol.52, no.5, pp.939-954, 2024 (SSCI)
- III. **Preliminary Analysis of the Past and Planned Investments Measure in Turkish Dual-Career Married Individuals**
Üçok S. B., Hatipoglu-Sumer Z.
JOURNAL OF FAMILY ISSUES, vol.44, no.4, pp.977-992, 2023 (SSCI)
- IV. **Coping with global uncertainty: Perceptions of COVID-19 psychological distress, relationship quality, and dyadic coping for romantic partners across 27 countries**
Randall A. K., Leon G., Basili E., Martos T., Boiger M., Baldi M., Hocker L., Kline K., Masturzi A., Aryeetey R., et al.
JOURNAL OF SOCIAL AND PERSONAL RELATIONSHIPS, vol.39, no.1, pp.3-33, 2022 (SSCI)
- V. **Satisfaction with life, meaning in life, sad childhood experiences, and psychological symptoms among Turkish students**
Cömert I. T., Özyeşil Z. A., Burcu Özgülük S. B.
Psychological Reports, vol.118, no.1, pp.236-250, 2016 (SSCI)
- VI. **Turkish version of children's response styles questionnaire: Validity and reliability in Turkish early adolescents**
Özgülük B., Baker Ö. E., Bugay A.
European Journal of Psychological Assessment, vol.28, no.2, pp.154-160, 2012 (SSCI)

Articles Published in Other Journals

- I. **Mediation Effect of Perceived Symptom Change on the Association between COVID-19 Perceptions and Well-Being Controlling for the Effect of Relationship Quality**
OZGULUK UCOK S. B., Demirutku K., Topcu Uzer C., CHIAROLANZA C., Randall A.
AYNA Klinik Psikoloji Dergisi, vol.11, no.2, pp.271-291, 2024 (Peer-Reviewed Journal)
- II. **Testing the Psychometric Properties of the Turkish Version of the LGBT Community Connectedness Scale**
BARBUROGLU Y., OZGULUK UCOK S. B., Çürükvelioğlu Köksal E., Gandhi Y., Lannutti P.
Psikoloji çalışmaları (Online), vol.44, no.1, pp.106-124, 2024 (ESCI)

- III. **Adaptation and Validation of the We-ness Questionnaire in a Turkish Sample**
ÖZGÜLÜK ÜÇÖK S. B., Aydoğan D., Topcu Uzer C., Randall A.
Bartın Üniversitesi Eğitim Fakültesi Dergisi, vol.13, no.1, pp.222-231, 2024 (Peer-Reviewed Journal)
- IV. **Stronger Together: The Role of Partner Support in Perceived Relationship Quality among Sexual and Gender Minorities in Turkey**
Özgülük Üçok S. B., Çürükvelioğlu-Köksal E., Barburoğlu Y., Gandhi Y., Lannutti P. J., Randall A. K.
LGBTQ+ Family: An Interdisciplinary Journal, vol.20, no.2, pp.105-121, 2024 (Scopus)
- V. **Being One and Staying Two as a Couple: Turkish Married Couples' Sense of We-Ness, Psychological Distress, and Common Dyadic Coping**
Aydogan D., Üçok S. B., Randall A. K.
Journal of Couple and Relationship Therapy, vol.23, no.4, pp.282-304, 2024 (ESCI)
- VI. **FACEBOOK JEALOUSY AND ATTACHMENT: THE MEDIATOR ROLE OF JEALOUSY AND LONELINESS**
ÖZGÜLÜK ÜÇÖK S. B., Yılmaztürk N. H., ATAY B.
Adıyaman Üniversitesi Sosyal Bilimler Enstitüsü Dergisi, no.45, pp.66-94, 2023 (Peer-Reviewed Journal)
- VII. **Çift-Kariyerli Yaşam Tarzı Doyumu Ölçeğinin Türkçeye Uyarlanması**
Üçok S. B., HATİPOĞLU SÜMER Z.
Ege Eğitim Dergisi, 2021

Books & Book Chapters

- I. **Yakın İlişkiler**
Üçok S. B. (Editor)
Nobel Yayın Dağıtım, Ankara, 2022
- II. **Çocuklarla ve Ergenlerle Psikolojik Danışma Teknikleri**
Serim Yıldız B. (Editor), Özgülük Üçok S. B. (Editor)
Nobel Yayın Dağıtım, Ankara, 2022
- III. **Çocuklarla ve Ergenlerle Psikolojik Danışma Uygulamaları**
Serim Yıldız B. (Editor), Özgülük Üçok S. B. (Editor)
Nobel Yayın Dağıtım, Ankara, 2022
- IV. **Araştırma Yöntemleri**
Özgülük Üçok S. B., Demirutku K.
in: Yakın İlişkiler, S Burcu Özgülük Üçok, Editor, Nobel Yayın Dağıtım, Ankara, pp.33-59, 2022
- V. **Öyküsel Terapi**
Özgülük Üçok S. B.
in: Çocuklarda ve Ergenlerde Psikolojik Danışma Teknikleri, Begüm Serim-Yıldız, S Burcu Özgülük Üçok, Editor, Nobel Yayın Dağıtım, Ankara, pp.223-249, 2022
- VI. **Çocuklarda ve Ergenlerde Bağlanma**
Özgülük Üçok S. B.
in: Çocuklarda ve Ergenlerde Psikolojik Danışma Uygulamaları, Begüm Serim-Yıldız, S Burcu Özgülük Üçok, Editor, Nobel Yayın Dağıtım, Ankara, pp.1-31, 2022

Refereed Congress / Symposium Publications in Proceedings

- I. **Ethics in Psychological Counseling: Counseling Students' Views and Suggestions**
Üçok S. B., Erden Başaran Ö., Yıldız H. S., Uğurel Kamışlı M., Yeler Z., Sönmez D., Akbaba G.
MEFEDUCON, 6 - 07 May 2023, pp.25
- II. **The Value of Graduate Education: Investigation of Individual and Relational Factors**
Çürükvelioğlu Köksal E., Özgülük Üçok S. B.
The European Conference on Educational Research, Glasgow, England, 21 - 22 August 2023

- III. **College Students' Views of Online Psychological Counseling: A Systematic Literature Review**
Özgülük Üçok S. B.
International EJER Congress, Ankara, Turkey, 8 - 11 June 2023, pp.1341-1342
- IV. **Methodical Discussions on the Use of Tricky Topics Methods for the Focus Group Discussions with Counseling Students**
Erden Başaran Ö., Yıldız H. S., Uğurel Kamışlı M., Üçok S. B.
International Education Congress, Antalya, Turkey, 17 - 19 November 2022, pp.63-65
- V. **Beliren Yetişkinlik Döneminde İlişki Doymu ile Biz-olma Arasındaki İlişkide, İlişkiye Bağlılığın Aracı Rolünün İncelenmesi**
Üçok S. B.
Uluslararası Psikolojik Danışma ve Rehberlik Kongresi , İstanbul, Turkey, 14 - 17 June 2022, pp.91-92
- VI. **Investigating the perceived relationship quality among LGBTQ+ individuals in terms of various variables within the minority stress model**
Barbuoğlu Y., Üçok S. B., Köksal E. Ç., Gandhi Y., Lannutti P., Randall A. K.
23rd International Counseling and Guidance Congress, İstanbul, Turkey, 14 - 17 June 2022, pp.421-422
- VII. **May resilience bring resistance? The mediating role of couple resilience in predicting depression among LGBTQ+ individuals**
Barbuoğlu Y., Üçok S. B., Köksal E. Ç., Gandhi Y., Lannutti P., Randall A.
International Association for Relationship Research Conference, 28 July - 02 August 2022

Supported Projects

Üçok S. B., Yeler Z., Yıldız H. S., Erden Başaran Ö., Uğurel Kamışlı M., Project Supported by Higher Education Institutions, Counseling Students' Inquiry of Online Psychological Counseling, 2022 - 2023

Memberships / Tasks in Scientific Organizations

International Association for Relationship Research, Member, 2022 - Continues, United States Of America
EMDR (Eye Movement Desensitization and Reprocessing) Derneği , Member, 2022 - Continues, Turkey

Scientific Refereeing

LGBTQ+ Family: An Interdisciplinary Journal, Other Indexed Journal, December 2023
Project Supported by Other Private Institutions, TED University, Turkey, June 2023
psikiyatride güncel yaklaşımlar , National Scientific Refreed Journal, January 2023
JOURNAL OF SOCIAL & PERSONAL RELATIONSHIPS, Journal Indexed in SSCI, January 2023
journal of social and personal relationships, Journal Indexed in SSCI, September 2022
PERSONAL RELATIONSHIPS, Journal Indexed in SSCI, August 2022
PERSONAL RELATIONSHIPS, Journal Indexed in SSCI, February 2022
PERSONAL RELATIONSHIPS, Journal Indexed in SSCI, January 2022

Tasks In Event Organizations

Özgülük Üçok S. B., Ünlü Kaynakçı F. Z., Yılmaz O., 24. Uluslararası Psikolojik Danışma ve Rehberlik Kongresi, Scientific Congress, Turkey, Kasım 2023
Özgülük Üçok S. B., Onaylı S., 18. ULUSAL PDR ÖĞRENCİLERİ KONGRESİ, Scientific Congress, Turkey, Eylül 2023
Üçok S. B., International Eurasian Educational Research Congress, Scientific Congress, Ankara, Turkey, Haziran 2023