

Asst. Prof. Sıdıka Burcu Üçok

Personal Information

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International Researcher IDs

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Biography

Assist. Prof. Dr. S. Burcu Özgülük Üçok has graduated from Bosphorus University, from the double major program of Preschool Education and Guidance and Psychological Counseling. Afterwards, she took her masters and PhD degrees from the Department of Educational Sciences, Psychological Counseling and Guidance program, METU. In her master's thesis, she studied Response Styles Theory and investigated the relationship of response styles and problem solving to the depressive symptoms of preadolescents. In her PhD dissertation, she examined the mediating roles of relationship satisfaction and satisfaction with dual-career lifestyle in the association between investments and commitment. After having her master's degree, she worked as a preschool teacher for two years at Robert College Child Study Center and she leaded guidance and psychological activities there. Afterwards, she worked as a school counselor for 4 more years at prominent private schools in Istanbul and she started to work as a psychotherapist, as well. She has been working as an assistant professor in the Department of Educational Sciences, Psychological Counseling and Guidance Program, at TEDU University since February, 2021. Her research areas are rumination/ distraction, anger management, close relationships- child-parent relations, satisfaction, investments, and commitment in relationships, financial behaviors of families, dual-career marriages, we-ness, dyadic coping, gender identity and sexual orientation, psychological symptoms and well-being, and the education of psychological counselors. She has been conducting national and international/ cross-cultural scientific research in these areas. She has been teaching undergraduate courses and at the same time having sessions with her clients.

Education Information

Doctorate, Middle East Technical University, Faculty Of Education, Department Of Educational Sciences, Turkey 2009 - 2019

Postgraduate, Middle East Technical University, Faculty Of Education, Department Of Educational Sciences, Turkey 2006 - 2009

Undergraduate, Bogazici University, Faculty Of Education, Department Of Educational Sciences, Turkey 2001 - 2006

Foreign Languages

English, C1 Advanced

Research Areas

Academic Titles / Tasks

Assistant Professor, TED University, Faculty of Education, Department of Educational Sciences, 2021 - Continues

Instructor, METU NCC, Educational Sciences, 2019 - 2021

Visiting Lecturer, METU NCC, Educational Sciences, 2019 - 2019

Research Assistant, Mef University, Guidance and Psychological Counseling, 2014 - 2017

Academic and Administrative Experience

Ambassador Projesi Komisyonu, TED University, Faculty Of Education, Department Of Educational Sciences, 2022 - Continues

Fakülte Yönetim Kurulu Dr. Öğretim Üyesi Temsilcisi, TED University, Faculty Of Education, Department Of Educational Sciences, 2021 - Continues

Topluma Hizmet Komisyonu, TED University, Faculty Of Education, Department Of Educational Sciences, 2021 - 2022

Fakülte-Okul İşbirliği Komisyonu, TED University, Faculty Of Education, Department Of Educational Sciences, 2021 - 2022

Courses

Theories of Counseling, Undergraduate

Practicum of Counseling in Schools 2, Undergraduate, 2021 - 2022

Theories of Counseling, Undergraduate, 2022 - 2023, 2021 - 2022

Family Counseling, Undergraduate, 2022 - 2023, 2021 - 2022

Seminars on Guidance and Psychological Counseling, Undergraduate, 2021 - 2022

Personality Theories, Undergraduate, 2021 - 2022

Marriage and Family Dynamics, Postgraduate, 2022 - 2023

Practicum of Counseling in Schools 1, Undergraduate, 2022 - 2023, 2021 - 2022

Field Practice in School Counseling Services, Undergraduate, 2020 - 2021

Capstone Experiences in Guidance and Cou, Undergraduate, 2020 - 2021

Guidance and Psychological Counseling in Schools, Undergraduate, 2020 - 2021

Guidance and Psychological Counseling, Undergraduate, 2020 - 2021

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Preliminary Analysis of the Past and Planned Investments Measure in Turkish Dual-Career Married Individuals**
Üçok S. B., Hatipoğlu-Sümer Z.
JOURNAL OF FAMILY ISSUES, vol.44, no.4, pp.977-992, 2023 (SSCI)
- II. **Dual-career marriages: the interplay among dual-career lifestyle, satisfaction, relationship investments and commitment**
Özgülük Üçok S. B., Hatipoğlu-Sümer Z.
British Journal of Guidance and Counselling, 2023 (SSCI)
- III. **Coping with global uncertainty: Perceptions of COVID-19 psychological distress, relationship quality, and dyadic coping for romantic partners across 27 countries**
Randall A. K., Leon G., Basili E., Martos T., Boiger M., Baldi M., Hocker L., Kline K., Masturzi A., Aryeetey R., et al.
JOURNAL OF SOCIAL AND PERSONAL RELATIONSHIPS, vol.39, no.1, pp.3-33, 2022 (SSCI)
- IV. **Satisfaction with life, meaning in life, sad childhood experiences, and psychological symptoms among**

Turkish students

Cömert I. T., Özyeşil Z. A., Burcu Özgülük S. B.

Psychological Reports, vol.118, no.1, pp.236-250, 2016 (SSCI)

V. **Turkish version of children's response styles questionnaire: Validity and reliability in Turkish early adolescents**

Özgülük B., Baker Ö. E., Bugay A.

European Journal of Psychological Assessment, vol.28, no.2, pp.154-160, 2012 (SSCI)

Articles Published in Other Journals

I. **Stronger Together: The Role of Partner Support in Perceived Relationship Quality among Sexual and Gender Minorities in Turkey**

Özgülük Üçok S. B., Çürükvelioğlu-Köksal E., Barburoğlu Y., Gandhi Y., Lannutti P. J., Randall A. K.

LGBTQ+ Family: An Interdisciplinary Journal, vol.20, no.2, pp.105-121, 2024 (Scopus)

II. **Methodological Discussions on the Use of Tricky Topics Technique for the Focus Group Discussions**

Erden Başaran Ö., Uğurel Kamışlı M., Üçok S. B., Yıldız H. S., Yeler Z.

JOURNAL OF HIGHER EDUCATION AND SCIENCE (YUKSEKOGRETİM VE BİLİM DERGİSİ), vol.13, no.2, pp.195-204, 2023 (Peer-Reviewed Journal)

III. **Çift-Kariyerli Yaşam Tarzı Doyumu Ölçeğinin Türkçeye Uyarlanması**

Üçok S. B., HATİPOĞLU SÜMER Z.

Ege Eğitim Dergisi, 2021

Books & Book Chapters

I. **Yakın İlişkiler**

Üçok S. B. (Editor)

Nobel Yayın Dağıtım, Ankara, 2022

II. **Çocuklarla ve Ergenlerle Psikolojik Danışma Teknikleri**

Serim Yıldız B. (Editor), Özgülük Üçok S. B. (Editor)

Nobel Yayın Dağıtım, Ankara, 2022

III. **Çocuklarla ve Ergenlerle Psikolojik Danışma Uygulamaları**

Serim Yıldız B. (Editor), Özgülük Üçok S. B. (Editor)

Nobel Yayın Dağıtım, Ankara, 2022

IV. **Araştırma Yöntemleri**

Özgülük Üçok S. B., Demirutku K.

in: Yakın İlişkiler, S Burcu Özgülük Üçok, Editor, Nobel Yayın Dağıtım, Ankara, pp.33-59, 2022

V. **Öyküsel Terapi**

Özgülük Üçok S. B.

in: Çocuklarda ve Ergenlerde Psikolojik Danışma Teknikleri, Begüm Serim-Yıldız, S Burcu Özgülük Üçok, Editor, Nobel Yayın Dağıtım, Ankara, pp.223-249, 2022

VI. **Çocuklarda ve Ergenlerde Bağlanma**

Özgülük Üçok S. B.

in: Çocuklarda ve Ergenlerde Psikolojik Danışma Uygulamaları, Begüm Serim-Yıldız, S Burcu Özgülük Üçok, Editor, Nobel Yayın Dağıtım, Ankara, pp.1-31, 2022

Refereed Congress / Symposium Publications in Proceedings

I. **Investigating the perceived relationship quality among LGBTQ+ individuals in terms of various**

variables within the minority stress model

Barburoğlu Y., Üçok S. B., Köksal E. Ç., Gandhi Y., Lannutti P., Randall A. K.

23rd International Counseling and Guidance Congress, İstanbul, Turkey, 14 - 17 June 2022, pp.421-422

II. Beliren Yetişkinlik Döneminde İlişki Doyumu ile Biz-olma Arasındaki İlişkide, İlişkiye Bağlılığın Aracı Rolünün İncelenmesi

Üçok S. B.

Uluslararası Psikolojik Danışma ve Rehberlik Kongresi , İstanbul, Turkey, 14 - 17 June 2022, pp.91-92

III. May resilience bring resistance? The mediating role of couple resilience in predicting depression among LGBTQ+ individuals

Barburoğlu Y., Üçok S. B., Köksal E. Ç., Gandhi Y., Lannutti P., Randall A.

International Association for Relationship Research Conference, 28 July - 02 August 2022

Supported Projects

Üçok S. B., Yeler Z., Yıldız H. S., Erden Başaran Ö., Uğurel Kamışlı M., Project Supported by Higher Education Institutions, Counseling Students' Inquiry of Online Psychological Counseling, 2022 - 2023

Scientific Refereeing

journal of social and personal relationships, Journal Indexed in SSCI, September 2022

PERSONAL RELATIONSHIPS, Journal Indexed in SSCI, August 2022

PERSONAL RELATIONSHIPS, Journal Indexed in SSCI, February 2022

PERSONAL RELATIONSHIPS, Journal Indexed in SSCI, January 2022

Scientific Consultations

TED Schools, Ted University, Educational Sciences, Turkey, 2021 - Continues