

## Lect. PhD Deniz Okay

### Personal Information

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### International Researcher IDs

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### Education Information

Doctorate, Middle East Technical University, Graduate School Of Social Sciences, Klinik Psikoloji, Turkey 2017 - 2023

Postgraduate, Middle East Technical University, Graduate School Of Social Sciences, Klinik Psikoloji, Turkey 2015 - 2017

Undergraduate, Middle East Technical University, Faculty Of Arts And Sciences, Department Of Psychology, Turkey 2010 - 2015

### Foreign Languages

English, C2 Mastery

### Dissertations

Postgraduate, The psychological impacts of indirect exposure to ongoing terrorist attacks on a group of Turkish university students: A qualitative analysis, Middle East Technical University, Graduate School Of Social Sciences, Klinik Psikoloji, 2017

### Academic Titles / Tasks

Lecturer, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2022 - Continues

Research Assistant, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2016 - 2022

### Courses

Stress and Coping, Undergraduate, 2023 - 2024, 2022 - 2023

Ethics in Psychology, Undergraduate, 2023 - 2024, 2022 - 2023

Trauma Psychology, Undergraduate, 2023 - 2024, 2022 - 2023

Clinical and Research Ethics, Postgraduate, 2022 - 2023

### Published journal articles indexed by SCI, SSCI, and AHCI

- I. Posttraumatic stress and posttraumatic growth in women residing in shelters due to spousal

## violence

Gökler Danışman I., Tarhan Ucar C., Okay D.

ANADOLU PSIKIYATRI DERGISI-ANATOLIAN JOURNAL OF PSYCHIATRY, vol.19, no.6, pp.537-544, 2018 (SCI-Expanded)

## Articles Published in Other Journals

- I. **Sleep Go Away, I Don't Have Much Time Left to Live: Is Bedtime Procrastination Related to Perceived Time Left in Life?**  
Okay D., TÜRKARSLAN K. K., Cevrim M., BOZO ÖZEN Ö.  
JOURNAL OF TURKISH SLEEP MEDICINE-TURK UYKU TBB DERGISI, vol.9, no.1, pp.57-63, 2022 (ESCI)
- II. **Kendilik Psikolojisi Yaklaşımı Üzerinden Bir Çekingen Kişilik Olgusunun İncelenmesi**  
OKAY GÜNAY D., CANEL ÇINARBAŞ D.  
NESNE PSIKOLOJİ DERGISI, vol.9, pp.204-220, 2021 (Peer-Reviewed Journal)
- III. **Afetlerin Çocuk ve Ergenler Üzerindeki Etkileri ve Müdahale Yaklaşımları**  
GÖKLER DANIŞMAN I., OKAY D.  
Türkiye Klinikleri J Psychol-Special Topics, vol.2, no.3, pp.189-197, 2017 (Non Peer-Reviewed Journal)

## Books & Book Chapters

- I. **Yas ve anlamı yeniden yapılandırma**  
OKAY D.  
in: Kayıp ve Yas Psikolojisi, Keser Emrah, Editor, Nobel Akademik Yayıncılık, Ankara, pp.99-146, 2021

## Refereed Congress / Symposium Publications in Proceedings

- I. **Büyükleme ve kırılma narsisizmi çocukluk deneyimleri aracılığıyla ayırtmak: Anne ve baba kabul ve kontrolünün yordayıcı etkilerinin incelenmesi**  
OKAY D.  
21.Ulusal Psikoloji Kongresi, 13 - 16 October 2022
- II. **Predicting Situational and Global Meaning through Meaning-Making Processes following Bereavement**  
OKAY GÜNAY D., BOZO Ö.  
36th Annual Conference of the European Health Psychology Society, Bratislava, Slovakia, 23 August 2022, pp.686
- III. **Pandemi Döneminde Dış Hekimliği Fakültesi Öğrencilerinin Psikolojik İyi Hallerinin Çeşitli Psikososyal Değişkenler Yönünden İncelenmesi**  
OKAY GÜNAY D., GÖKLER DANIŞMAN I., CAMGÖZ M., BAĞIŞ N.  
Turkish Society of Periodontology 50th International Scientific Online Congress, 05 November 2021
- IV. **The effects of childhood milieu in the development of narcissistic psychopathologies**  
OKAY D., Şimşek C., Bürümlü E.  
32nd International Congress of Psychology, 18 July 2021
- V. **Does Future Time Perspective Affect Bedtime Procrastination? The Mediator Role Of Meaning In Life**  
OKAY D., TÜRKARSLAN K. K., ÇEVİRİM M., BOZO ÖZEN Ö.  
16th European Congress of Psychology, 2 - 05 July 2019
- VI. **Observing from a distance and feeling inside: The affective processes of indirect victimization to ongoing terrorist attacks. XVI. European Congress of Psychology**  
OKAY D., KARANCI A. N.  
XVI. European Congress of Psychology, 2 - 05 July 2019

**VII. Hayat Kısa: Uyanık Kal!**

TÜRKARSLAN K. K., OKAY GÜNAY D., ÇEVİRİM M., BOZO Ö.

20. Ulusal Psikoloji Kongresi, Ankara, Turkey, 15 - 17 November 2018

**VIII. Süreğen terör olaylarını dolaylı deneyimlemenin üniversite öğrencileri üzerindeki psikolojik etkileri:**

**Nitel analiz**

OKAY D., KARANCI A. N.

20.Ulusal Psikoloji Kongresi, 15 - 17 November 2018

**Scientific Refereeing**

AYNA Klinik Psikoloji Dergisi, National Scientific Refreed Journal, July 2021