

Assoc. Prof. İlgin Gökler Danışman

Personal Information

Office Phone: [+90 312 585 0181](tel:+903125850181)

Email: ilgin.danisman@tedu.edu.tr

Web: <https://avesis.tedu.edu.tr/ilgin.danisman>

International Researcher IDs

ORCID: 0000-0002-8684-8218

Yoksis Researcher ID: 204671

Biography

Graduating from TED Ankara College, İlgin Gökler Danışman got her Bachelor degree from Middle East Technical University Department of Psychology in 1998 and then received her Masters degree in Clinical Psychology from the same university in 2001. In 2008 she completed her PhD in the Clinical Psychology Program at Ankara University.

She has started her academic career as a research assistant in Ankara University and then moved to Istanbul and continued working as an assistant professor. Prior to moving back to her hometown, Ankara, she was the Clinical Psychology Graduate Program coordinator at Bahçeşehir University. In March 2015 she joined the faculty in TED University.

She has completed the family therapy training and supervision program in Ackerman Institute for the Family, New York in 2007. In 2010, she received a scholarship from the LINC Foundation to attend a training on working with addicted individuals and their families (Invitational Intervention: The ARISE Model) in New York. During her training on family therapy, she had the opportunity to be tutored and supervised by well-recognized family therapists such as Evan Imberblack, Peggy Papp, Micheal White, Pauline Boss, Judith Landau, Ayşe Yalın and Hürol Fışiloğlu. Besides her academic interest in family systems and family therapy, she has been working as a family therapist and giving training and supervision on Systemic Family Therapy.

İlgin Gökler Danışman has also been working extensively in relation to psychological trauma, ranging from natural disasters to human-caused traumas and life-threatening illnesses, since 1998. She has been an active member of Turkish Psychological Association Trauma Task Force and among the founder members of Union of Disaster Psychosocial Services. In 2007, she has completed the International Trauma Studies Program in Columbia University Mailman School of Public Health. She has been participating in trauma field work; and providing psychological trauma related supervision, consultation and training to various governmental and non-governmental organizations such as Turkish Red Crescent Society, Turkish Psychological Association, Doctors Without Borders, Social Services and Child Protection Institute (SHÇEK), and Ministry of Education; and taught Trauma Psychology courses in undergraduate and graduate levels.

She worked as a member of the executive committee of Turkish Psychological Association (TPA) in between the years 2000 and 2006. She has served as the editor of the Turkish Psychological Bulletin, a periodical of TPA, between 2001 and 2006. She was a founder member and executive committee member of Ankara Psychodrama Institute.

She has been participating in national and international research, training and social responsibility projects as a researcher, consultant or trainer. She has several national and international publications and received the Publication Award of the Turkish Journal of Child and Adolescent Mental Health in 2004.

Her recent research interests are, but not limited to, family systems, family life cycle and crisis, psychotraumatology, transgenerational transmission of trauma, traumatic loss and grief, psychosocial effects of life-threatening illnesses, psychopathology in children and adolescents, and early mother-infant relationship and prenatal attachment.

Education Information

Undergraduate, Middle East Technical University, Psychology, Turkey Continues

Doctorate, Ankara University, Clinical Psychology, Turkey Continues

Postgraduate, Middle East Technical University, Turkey Continues

Foreign Languages

English

Spanish

Certificates, Courses and Trainings

Foundations in Family Therapy, Ackerman Institute for The Family, Continues

International Trauma Studies, International Trauma Studies Program, Columbia University, Continues

Academic Titles / Tasks

Associate Professor, TED University, Faculty of Arts and Sciences, Department of Psychology, 2017 - Continues

Academic and Administrative Experience

TEDU Human Research Ethics Committee, 2021 - Continues

TEDU Human Research Ethics Committee, 2021 - Continues

TEDU CoPES: TEDU Coronavirus Psycho-Social Support Team, 2021 - Continues

TEDU Department of Psychology Accreditation Committee member, 2019 - Continues

Graduate School Committee (Enstitü Kurulu) Membership, 2019 - Continues

Chair, TED University, Psychology, 2016 - Continues

Head of the Developmental Focused Clinical Child and Adolescent Psychology Graduate Program, TED University, Graduate School, 2016 - Continues

Turkey Fire/Flood Trauma Recovery Project- TEDU COPS- World Human Relief Collaboration, 2021 - 2021

Cinsel Şiddet Önleme (CTS), 2021 - 2021

Courses

Family, Crises, and Trauma, Postgraduate

Doctoral Dissertation I, Doctorate

Community Mental Health Project, Doctorate, 2021 - 2022

Selected Topics in Psychology, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021

Seminar, Doctorate, 2021 - 2022

Graduation Paper and Seminar, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019

Family Systems: Adevelopmental Perspective, Postgraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018, 2016 - 2017

Pre-Thesis Seminar, Postgraduate, 2021 - 2022, 2020 - 2021, 2018 - 2019, 2017 - 2018

Clinical Interviewing, Postgraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018, 2016 - 2017

Master's Thesis I, Postgraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

Clinical Supervision I, Postgraduate, 2022 - 2023, 2019 - 2020, 2018 - 2019, 2017 - 2018

Family Therapy, Postgraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018, 2016 - 2017

Family Systems, Undergraduate, 2022 - 2023, 2020 - 2021, 2019 - 2020

Master's Thesis II, Postgraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021

Case Formulation in Child, Adolescent an, Postgraduate, 2021 - 2022, 2020 - 2021

Community Clinical Psychology, Doctorate, 2021 - 2022

Clinical Supervision II, Postgraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

Trauma Psychology, Undergraduate, 2020 - 2021

Supervised Clinical Practicum /Internship I, Postgraduate, 2019 - 2020, 2018 - 2019, 2017 - 2018

Supervised Clinical Practicum /Internship II, Postgraduate, 2019 - 2020, 2018 - 2019, 2017 - 2018

Clinical and Research Ethics, Postgraduate, 2016 - 2017

Psychology, Undergraduate, 2016 - 2017, 2015 - 2016

General Psychology, Undergraduate, 2015 - 2016

Advising Theses

Gökler Danışman I., EXAMINING THE REFLECTIONS OF CHILDHOOD EXPOSURE TO POLITICAL VIOLENCE ON ADULTHOOD PSYCHOLOGICAL HEALTH IN TERMS OF SOCIAL-ECOLOGICAL VARIABLES, Postgraduate, M.Çevik(Student), 2022

Gökler Danışman I., Investigating the role of family-of-origin risk factors in the prediction of current intimate partner violence: Testing a proposed model based on object relations theory, Postgraduate, C.Şavk(Student), 2022

Gökler Danışman I., What do mothers of gay youth experience? a qualitative study, Postgraduate, D.Korkmaz(Student), 2021

Gökler Danışman I., The role of intergenerational transmission on the decision-making process of voluntary childlessness, Postgraduate, B.Baykal(Student), 2021

Gökler Danışman I., Family grief in case of unexpected loss due to work accident: A qualitative study, Postgraduate, İ.İnan(Student), 2021

Gökler Danışman I., An investigation of the subjective experiences of expectant couples with prior perinatal loss: A qualitative study, Postgraduate, T.Faden(Student), 2021

Gökler Danışman I., Uzer Yıldız T., Investigating the relation between maternal childhood traumatic experiences and children's emotion regulation: mediating role of maternal emotion regulation and emotion socialization, Postgraduate, G.Ceren(Student), 2021

Gökler Danışman I., Ar Karcı Y., Impacts of parentification due to maternal depressive symptoms on the psychological symptomatology and interpersonal relationship quality of their young children: Protective role of father involvement, Postgraduate, S.Çelik(Student), 2021

Gökler Danışman I., An investigation into the relationship between early maladaptive schemas and romantic dissolution grief in youth : a mixed method study, Postgraduate, Ö.Kıral(Student), 2019

Gökler Danışman I., The mediating roles of emotion dysregulation and metacognition in the relationship between terrorism and community violence related risk appraisals and psychological symptomatology, Postgraduate, M.Sarıkaya(Student), 2018

Gökler Danışman I., The mediating role of event-related houseld discussions in the relationship between family factors and psychological adjustment in children and adolescents exposed to terrorism and community violence, Postgraduate, E.Tekeli(Student), 2018

Gökler Danışman I., An investigation into the effects of mood and autobiographical memory on risk appraisal in

adolescents, Postgraduate, B.Sel(Student), 2018

Jury Memberships

Appointment to Academic Staff-Assistant Professorship, Appointment to Academic Staff-Assistant Professorship, Ankara Üniversitesi, December, 2022

November, 2019

September, 2019

July, 2019

July, 2019

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Examining the Basic Assumption of Psychoanalytic Theory Regarding Normal and Abnormal Grief: Roles of Unfinished Businesses and Bereavement Related Guilt**
Keser E., Ar Karcı Y., Danisman I.
OMEGA-JOURNAL OF DEATH AND DYING, 2022 (SSCI)
- II. **Validity and Reliability Study of Turkish Forms of the Quality of Relationships Inventory-Bereavement Version and the Bereavement Guilt Scale**
Keser E., Karcı Y. A., Danişman I. G.
Türk Psikiyatri Dergisi, vol.33, no.4, pp.263-273, 2022 (SSCI)
- III. **Posttraumatic stress and posttraumatic growth in women residing in shelters due to spousal violence**
Gökler Danişman I., Tarhan Ucar C., Okay D.
ANADOLU PSIKIYATRI DERGISI-ANATOLIAN JOURNAL OF PSYCHIATRY, vol.19, no.6, pp.537-544, 2018 (SCI-Expanded)
- IV. **Measuring Grief Symptoms in Cancer Patients: The Reliability and Validity Study of the Turkish Version of Prolonged Grief Disorder Scale**
Gökler Danişman I., Yalcınay M., Yıldız N.
TÜRK PSIKIYATRI DERGISI, vol.28, no.3, pp.190-197, 2017 (SSCI)
- V. **Experience of grief by patients with cancer in relation to perceptions of illness: The mediating roles of identity centrality, stigma-induced discrimination, and hopefulness**
Gökler Danişman I., Yalcınay-Inan M., Yiğit İ.
JOURNAL OF PSYCHOSOCIAL ONCOLOGY, vol.35, no.6, pp.776-796, 2017 (SSCI)

Articles Published in Other Journals

- I. **Afetlerin Çocuk ve Ergenler Üzerindeki Etkileri ve Müdahale Yaklaşımları**
GÖKLER DANIŞMAN I., OKAY D.
Türkiye Klinikleri J Psychol-Special Topics, vol.2, no.3, pp.189-197, 2017 (Non Peer-Reviewed Journal)

Books & Book Chapters

- I. **Sistemik Bakış Açısıyla Bir Ailesel Deneyim Olarak Kayıp ve Yas**
Gökler Danişman I.
in: Kayıp ve yas psikolojisi, Emrah Keser, Editor, Nobel Yayınevi, Ankara, pp.240-272, 2022
- II. **Yiğit, T.F.; & Gökler Danişman, I.(2021).Aile Sistemleri Perspektifinden Gebelik Kaybı ve Yas. In E. Keser (Ed.). Kayıp ve Yas Psikolojisi. Ankara: Nobel Akademik Yayıncılık.**

- Yiğit T. F., Gökler Danışman I.
in: Kayıp ve Yas Psikolojisi, Emrah KESER, Editor, Nobel Yayınevi, pp.281-330, 2021
- III. **Gökler Danışman, I.(2021).Sistemik bakış açısıyla bir ailesel deneyim olarak kayıp ve yas. In E. Keser (Ed.). Kayıp ve Yas Psikolojisi. Ankara: Nobel Akademik Yayıncılık**
Gökler Danışman I.
in: Gökler Danışman, I.(2021).Sistemik bakış açısıyla bir ailesel deneyim olarak kayıp ve yas. In E. Keser (Ed.). Kayıp ve Yas Psikolojisi. Ankara: Nobel Akademik Yayıncılık, , Editor, 2021
- IV. **Gökler Danışman, I.(2021). Psikopatoloji. In Y.Saraç (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK**
Gökler Danışman I.
in: Gökler Danışman, I.(2021). Psikopatoloji. In Y.Saraç (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK, , Editor, 2021
- V. **Gökler Danışman, I.(2021). Zihinsel Gelişim Bozukluğu. In Y.Saraç (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK**
Gökler Danışman I.
in: Gökler Danışman, I.(2021). Zihinsel Gelişim Bozukluğu. In Y.Saraç (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK, , Editor, 2021
- VI. **Gökler Danışman, I.(2021). Anormal Psikolojisi. In Y. Saraç (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK**
Gökler Danışman I.
in: Gökler Danışman, I.(2021). Anormal Psikolojisi. In Y. Saraç (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK, , Editor, 2021
- VII. **Gökler Danışman, I. & Tüzün, Z. (Ed). (in press). 1. Ankara Travma Sempozyumu: " Travmanın Sonrası: Dayanıklılık, Başa çıkma, Büyüme" Tam Metin Kitabı (Proceedings). Türk Psikologlar Derneği Yayınları.**
Gökler Danışman I.
2020
- VIII. **Afetlerin çocuklar ve ergenler üzerindeki etkileri ve müdahale yaklaşımları**
Gökler Danışman I., Okay D.
in: Afet Psikolojisi ve Sosyolojisi, , Editor, 2019

Refereed Congress / Symposium Publications in Proceedings

- I. **Does Father Involvement Buffer the Negative Impacts of Maternal Early Maladaptive Schemas on Offspring Psychological Problems? A Moderated Mediation Model**
Mert Y., Ar Karcı Y., Gökler Danışman I.
17th European Congress of Psychology, Ljubljana, Slovenia, 5 - 08 July 2022, pp.244
- II. **Partner Şiddetinin Nesne İlişkileri Kuramı Çerçevesinde İncelenmesi**
Şavk C., Gökler Danışman I.
Uluslararası Çocuk ve Ergen Travma Kongresi, İzmir, Turkey, 24 March 2022, pp.67
- III. **Pandemi döneminde diş hekimliği öğrencilerinin psikolojik iyilik hallerinin çeşitli psikososyal değişkenler yönünden incelenmesi; 50th International Scientific Congress of the Turkish Society of Periodontology.**
Okay D., Gökler Danışman I., Özcan Camgöz M., Bağış N.
- IV. **Pandemi Döneminde Diş Hekimliği Fakültesi Öğrencilerinin Psikolojik İyilik Hallerinin Çeşitli Psikososyal Değişkenler Yönünden İncelenmesi**
OKAY GÜNEY D., GÖKLER DANIŞMAN I., CAMGÖZ M., BAĞIŞ N.
Turkish Society of Periodontology 50th International Scientific Online Congress, 05 November 2021
- V. **Çocukluk döneminde anne-baba-kardeş kaybı ve yas (invited conference). 2. Uluslararası Bebek Çocuk Ergen Psikoloji Kongresi (virtual).**

Gökler Danışman I.

- VI. **The relationship between early maladaptive schemas and romantic dissolution grief in youth (oral presentation). 32nd International Congress of Psychology, 18-23 July 2021, Prague (Virtual).**
Gökler Danışman I., Kırıl Ö.
- VII. **Gökler Danışman, I., Deveci, O., & Ar-Karcı, Y. (2021). An investigation into the parentification experiences among male adolescents due to juvenile labour (oral presentation). 32nd International Congress of Psychology, 19-24 July, 2021 Prague, Czech Republic .**
Gökler Danışman I., Deveci O., Ar-Karcı Y.
- VIII. **Family grief in case of loss due to work accidents: Preliminary findings of a qualitative study.32nd International Congress of Psychology (ICP), 18-23 July2021, Prague, Czech Republic.**
İnan İ., Gökler Danışman I.
- IX. **Pandemi Döneminde Üniversite Temelli Psikososyal Destek Çalışmaları: TEDU COPeS Modeli (invited conference). Hacettepe Ruh Sağlığı Sempozyumu (çevrimiçi).**
Gökler Danışman I.
- X. **Preliminary findings regarding the psychometric tools assessing youth's pandemic related experiences. Paper presented at International Adolescence and Youth Research Association Congress, April 29-May 2 (Virtual).**
Gökler Danışman I., Aldağ E., Doğan D., Gören T., Selçuk B. N., Yalçın A.
- XI. **Impacts of parentification due to maternal depression on youth's interpersonal relationship quality. Paper presented at International Adolescence and Youth Research Association Congress, April 29-May 2 (Virtual).**
Çelik S., Gökler Danışman I., Ar-Karcı Y.
- XII. **Pandemi Döneminde Üniversite Öğrencilerine Yönelik Psikososyal İhtiyaç Analizi. Paper presented at International Adolescence and Youth Research Association Congress, April 29-May 2 (Virtual).**
Gökler Danışman I., Çukurova I., İnan İ., Karabayır A., Korkmaz D., Tanrıku G., Usta E.
- XIII. **An investigation into the parentification experiences among male adolescents due to juvenile labor. (oral presentation). 32nd International Congress of Psychology, 18-23 July 2021, Prague (Virtual).**
Gökler Danışman I., Deveci O., Ar-Karcı Y.
- XIV. **Gökler Danışman, I., & Kırıl, Ö. (2020). The relationship between early maladaptive schemas and romantic dissolution grief in youth (oral presentation). 24th World Congress of the International Association of Child & Adolescent Psychiatry and Allied Professions (IACAPAP), 20-23 July 2020, Singapore.**
Gökler Danışman I., Kırıl Ö.
- XV. **Sarıkaya, M., Gökler Danışman, I., & Yiğit, I. (2019). Terörizm ve toplumsal şiddetle ilgili risk algısı ile psikolojik semptomatoloji arasında ilişkide duygu düzenleme güçlüğü ve üstbilişin aracı rolü (poster bildirisi). 1. Ankara Travma Sempozyumu "Travmanın Sonrası: Dayanıklılık, Başa çıkma, Büyüme", 19-20 Ekim 2019, TED Üniversitesi, Ankara.**
Sarıkaya M., Gökler Danışman I., Yiğit İ.
- XVI. **Güngör, A., Gökler Danışman, I., Uzer Yıldız, T. (2019). 1999 marmara depreminin kuşak aşkın aktarımı: Bilişsel, duygusal ve davranışsal aktarımın incelenmesi (poster Bildiri). 1. Ankara Travma Sempozyumu: "Travmanın Sonrası: Dayanıklılık, Başa çıkma, Büyüme", 19-20 Ekim 2019, TED üniversitesi, Ankara.**
Güngör A., Gökler Danışman I., Uzer Yıldız T.
- XVII. **Gökler Danışman, I. (2019). "Sistemik bakış açısıyla bir ailesel deneyim olarak kayıp, yas ve başa çıkma", Kayıp, Yas ve Anlamı Yeniden Yapılandırma Paneli (davetli panelist/invited panelist), 1. Ankara Travma Sempozyumu, 19-20 Ekim Mayıs 2019, TED Üniversitesi, Ankara.**
Gökler Danışman I.
- XVIII. **Gökler Danışman, I.; & Erden, G. (2019). PTSD and depression in children and adolescents with chronic illnesses and their parents (oral presentation). XVI European Congress of Psychology, July 2019, Moscow.**
Gökler Danışman I., Erden G.

Moscow, Russia

- XIX. **Gökler Danışman, I., Tekin, E., & Yiğit, İ. (2019). Event-related household discussions and psychological adjustment in children and adolescents after community violence (oral presentation). XVI European Congress of Psychology, July 2019, Moscow.**
Gökler Danışman I., Tekin E., Yiğit İ.
- XX. **Gökler Danışman, I., Hasta, D., Yiğit, A., & Hakkan, Z. (2019). Predictive variables of attitudes towards physical wife abuse (oral presentation). XVI European Congress of Psychology, July 2019, Moscow.**
Gökler Danışman I., Hasta D., Yiğit A., Hakkan Z.
Moscow, Russia
- XXI. **Gökler Danışman, I. (2019). “Şiddetin Çocukların Psikososyal Gelişimleri ve Ruh Sağlığı Üzerindeki Etkileri”, Davranış Sorunları Paneli (davetli panelist/invited panelist), 1. Uluslararası Uzman Katılımlı Çocuk Gelişimi ve Psikopatolojisi Sempozyumu, 10-11 Mayıs 2019, İstanbul Bilgi Üniversitesi, İstanbul.**
Gökler Danışman I.
İstanbul, Turkey

Activities in Scientific Journals

NESNE PSIKOLOJİ DERGİSİ, 2018 - Continues

Journal of Clinical Psychology Research (Klinik Psikoloji Dergisi), 2017 - Continues

Memberships / Tasks in Scientific Organizations

Turkish Association for Prevention of Child Abuse and Neglect (Çocuk İstismarını ve İhmalini Önleme Derneği), Member, 2018 - Continues

Türk Psikologlar Derneği Travma, Afet ve Kriz Birimi, Member, 1999 - Continues, Turkey

Turkish Psychological Association Ethics Committee, Member, 2018 - 2021, Turkey

Scientific Refereeing

Türk Psikiyatri Dergisi = Turkish journal of psychiatry, October 2020

Anatolian Journal of Psychiatry, February 2019

Türk psikiyatri dergisi = Turkish journal of psychiatry, January 2019

Scientific Consultations

World Humanitarian Solidarity Association - World Human Relief (WHR), Ted University, Psychology, Turkey, 2021 - Continues

TED Foundation Schools, Ted University, Psychology, Turkey, 2020 - Continues

TED University Students and Staff (TEDU COPeS), Ted University, Psychology, Turkey, 2020 - Continues

Community, Ted University, Psychology, Turkey, 2020 - Continues

Turkish Education Association (Türk Eğitim Derneği), Ted University, Psychology, Turkey, 2019 - Continues

Community, Ted University, Fen Edebiyat Fakültesi, Psikoloji Bölümü, Turkey, 2016 - Continues

World Humanitarian Solidarity Association - World Human Relief (WHR), Ted University, Psychology, Turkey, 2021 - 2021

Community, Ted University, Psychology, Turkey, 2021 - 2021

Turkish Psychological Association, Ted University, Psychology, Turkey, 2020 - 2021

TED Foundation Schools, Ted University, Psychology, Turkey, 2020 - 2020

TED Foundation Schools, Ted University, Psychology, Turkey, 2020 - 2020
Ted University, Psychology, Turkey, 2020 - 2020
Ministry of Youth and Sports (Gençlik ve Spor Bakanlığı), Ted University, Psychology, Turkey, 2020 - 2020
Ministry of Education-UNICEF, Ted University, Psychology, Turkey, 2019 - 2019
Ministry of Education-UNICEF, Ted University, Psychology, Turkey, 2019 - 2019
MoE-UNICEF, Ted University, Psychology, Turkey, 2019 - 2019
MoE-UNICEF, Ted University, Psychology, Turkey, 2019 - 2019

Tasks In Event Organizations

GÖKLER DANIŞMAN I., TED Schools COVID-19 Pandemic Psychosocial Support Project Training Program (TED Okulları COVID-19 Pandemisi Psikososyal Destek Projesi Eğitim Programı), Ağustos 2020
GÖKLER DANIŞMAN I., 1. Ankara Travma Sempozyumu (1st Ankara Trauma Symposium), Ankara, Turkey, Ocak 2020
GÖKLER DANIŞMAN I., Ceyhun Atuf Kansu 100 Yaşında Etkinliği, Turkey, Aralık 2019

Scientific Research / Working Group Memberships

Integration of "English in Disciplines" Program (provided by ELS) into PSY340 Family Systems Course, 2019 - Continues