

Lect. Mehmet Sak

Personal Information

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International Researcher IDs

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Biography

Mehmet Sak, Hacettepe Üniversitesi İngilizce Öğretmenliği programından 2017 yılında mezun olmuş ve yüksek lisans derecesini de aynı üniversitenin aynı bölümünden 2020 yılında almıştır. 2017 yılında TOBB Ekonomi ve Teknoloji Üniversitesi Yabancı Diller Bölümü'nde başlayıp 6 ay sürdürdüğü okutmanlık görevinden sonra 2018-2023 Ocak yılları arasında TED Üniversitesi İngilizce Öğretmenliği lisans programında Araştırma Görevlisi olarak görev yapmış olan Mehmet Sak, Şubat 2023'ten bu yana aynı programda Öğretim Görevlisi olarak görevini sürdürmektedir. Doktora çalışmalarına 2021 yılından bu yana Orta Doğu Teknik Üniversitesi'nde devam eden ve doktora çalışmaları TÜBİTAK tarafından desteklenen Mehmet Sak, 2025 Bahar döneminde University of Edinburgh'ta ziyaretçi araştırmacı olarak görev yapacaktır. Çalışma alanı temel olarak dil öğrenme/öğretme psikolojisi ve öğretmen eğitimi olan Mehmet Sak'ın çeşitli uluslararası dergilerde yayınları, kitap bölümleri, kitap incelemeleri, projeleri, ve yayın ödülleri bulunmaktadır.

Education Information

Doctorate, Middle East Technical University, Graduate School Of Social Sciences, Yabancı Diller Eğitimi Bölümü, Turkey 2021 - Continues

Postgraduate, Hacettepe University, Eğitim Fakültesi, Yabancı Diller Eğitimi Bölümü, Turkey 2017 - 2020

Undergraduate, Hacettepe University, Eğitim Fakültesi, Yabancı Diller Eğitimi Bölümü, Turkey 2013 - 2017

Dissertations

Postgraduate, A case study on the parameters underlying patterns of change in directed motivational currents, Hacettepe University, Eğitim Fakültesi, Yabancı Diller Eğitimi Bölümü, 2020

Research Areas

Education in English, Teacher Training, Linguistics

Academic Titles / Tasks

Lecturer, TED University, Faculty Of Education, Department Of Foreign Languages, 2023 - Continues

Research Assistant, TED University, Faculty Of Education, Department Of Foreign Languages, 2018 - 2023

Instructor, TOBB University of Economics and Technology, Rectorate, Department Of Foreign Language, 2017 - 2018

Academic and Administrative Experience

Deputy Head of Department, TED University, Faculty Of Education, Department Of Foreign Languages, 2023 - 2024

Courses

Approaches in English Language Learning and Teaching, Undergraduate

Linguistics 2, Undergraduate

Approaches in English Language Teaching, Undergraduate

Linguistics, Undergraduate

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Tracking motivational changes in self-initiated professional development in ELT: a single-case analysis**
Sak M.
INNOVATION IN LANGUAGE LEARNING AND TEACHING, vol.18, no.5, pp.480-490, 2024 (SSCI)
- II. **Sources and outcomes of distressing emotions in directed motivational currents**
Sak M., Pietluch A.
System, vol.123, 2024 (SSCI)
- III. **The Routledge Handbook of the Psychology of Language Learning and Teaching**
Sak M.
JOURNAL OF MULTILINGUAL AND MULTICULTURAL DEVELOPMENT, vol.45, no.5, pp.1812-1813, 2024 (AHCI)
- IV. **Dynamic Changes in Pre-Service Language Teacher well-being in the Classroom Ecology: A Micro Approach**
Sak M., GÜRBÜZ N.
TESOL Quarterly, vol.58, no.1, pp.168-194, 2024 (SSCI)
- V. **Critical digital literacy in virtual exchange for ELT teacher education: An interpretivist methodology**
Bilki Z., Satar M., Sak M.
RECALL, vol.35, pp.58-73, 2023 (AHCI)
- VI. **Dynamicity of language teacher motivation in online EFL classes**
Sak M.
System, vol.111, 2022 (SSCI)
- VII. **Unpacking the negative side-effects of directed motivational currents in L2: An interpretative phenomenological analysis**
Sak M., GÜRBÜZ N.
Language Teaching Research, 2022 (SSCI)
- VIII. **Understanding the role of personality in explaining L2 learners' DMC disposition**
Sak M.
FOREIGN LANGUAGE ANNALS, vol.54, no.2, pp.429-451, 2021 (SSCI)
- IX. **Directed Motivational Currents and Language Education: Exploring Implications for Pedagogy**
Sak M.
SYSTEM, vol.97, 2021 (SSCI)

Articles Published in Other Journals

- I. **ENGAGING LANGUAGE LEARNERS IN CONTEMPORARY CLASSROOMS**
Sak M.
TESOL JOURNAL, vol.13, no.1, 2022 (ESCI)
- II. **The role of ideal L2 self in predicting L2 willingness to communicate inside and outside the classroom**
Sak M.
EURASIAN JOURNAL OF APPLIED LINGUISTICS, vol.6, no.2, pp.189-203, 2020 (ESCI)
- III. **Contextual Factors that Enhance and Impair Directed Motivational Currents in Instructed L2 Classroom Settings**
SAK M.
Novitas-Royal, vol.13, no.2, pp.156-175, 2019 (Peer-Reviewed Journal)

Books & Book Chapters

- I. **A trainee EFL teacher's self-reflexivity in exploring motivational dynamics in self-guided professional learning**
Sak M., Acar M.
in: K-12 Classroom Research in Language Teaching and Learning: Narratives for Understanding and Engaging in Teacher Research, Kate Mastruserio Reynolds, Khanh-Duc Kuttig, Editor, Routledge, London/New York, New York, pp.208-220, 2024

Refereed Congress / Symposium Publications in Proceedings

- I. **Emotion regulation in directed motivational currents: Consequences for goal-striving**
Sak M., Gümüş Ö.
Psychology of Language Learning Conference 2024 (PLL5), Madrid, Spain, 16 - 18 May 2024
- II. **Changes in motivation during self-initiated professional development in ELT: Insights from a single-case study**
Sak M.
The 21st INGED International ELT Conference, Kayseri, Turkey, 3 - 05 November 2023
- III. **Yükseköğretimde Program Geliştirme: TED Üniversitesi Eğitim Fakültesi Örneği**
Aksoy E., Voltan Acar N. H., Elmas B., Er S. S., Toker Z., Haşlamam T., Yücelyiğit S., Erdoğan T., Alkaş Ulusoy Ç., Emre Akdoğan E., et al.
10. International Eurasian Educational Research Congress, Ankara, Turkey, 8 - 11 June 2023, pp.141-142
- IV. **Exploring fluctuations of language teacher motivation in online EFL classes**
Sak M.
Language Teacher Psychology Conference, Mersin, Turkey, 6 - 07 October 2022
- V. **EFL teacher educators' wellbeing in distance education**
Sak M., Bursalı N., Daloğlu A.
The 4th TESOL Turkey International ELT Conference, Ankara, Turkey, 17 - 19 March 2022
- VI. **Exploring the dynamics of critical digital literacy development: Insights from a telecollaborative exchange project**
BİLKİ Z., SAK M.
EUROCALL 2021, Paris, France, 25 - 27 August 2021
- VII. **Exploring the relationship between big-five personality traits and directed motivational currents**
Sak M., Öz H.
GlobELT 2019 Conference, Girne, Cyprus (Kktc), 11 - 14 April 2019

VIII. Contextual factors that influence directed motivational currents: A longitudinal study

Sak M.

GlobELT 2019 Conference, Girne, Cyprus (Kkct), 11 - 14 April 2019

Supported Projects

Sak M., Bilki Z., Project Supported by Higher Education Institutions, Pre-service language teacher well-being in digital spaces: The case in telecollaborative exchanges, 2024 - 2024

Scientific Refereeing

JOURNAL OF MULTILINGUAL & MULTICULTURAL DEVELOPMENT, Journal Indexed in SSCI, January 2024

ENGLISH TEACHING & LEARNING, Journal Indexed in ESCI, August 2023

INTERNATIONAL REVIEW OF APPLIED LINGUISTICS IN LANGUAGE TEACHING : IRAL, Journal Indexed in SSCI, August 2023

TESOL QUARTERLY, Journal Indexed in SSCI, January 2023

SYSTEM, Journal Indexed in SSCI, August 2022

TESOL QUARTERLY, Journal Indexed in SSCI, May 2022

Asian-Pacific Journal of Second and Foreign Language Education, Journal Indexed in ESCI, March 2022

SYSTEM, Journal Indexed in SSCI, March 2022

FOREIGN LANGUAGE ANNALS, Journal Indexed in SSCI, July 2021

Scholarships

Doctoral Student Merit-Based Scholarship, TUBITAK, 2020 - Continues

Awards

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, June 2024

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, May 2024

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, October 2023

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, August 2023

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, May 2023

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, March 2023

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, March 2023

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, December 2022

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, December 2022

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, September 2022

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, November 2021

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, August 2021

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, March 2021