

## Lect. Mehmet Sak

### Personal Information

**Office Phone:** [+90 312 585 0348](tel:+903125850348)

**Email:** mehmet.sak@tedu.edu.tr

**Web:** <https://avesis.tedu.edu.tr/mehmet.sak>

### International Researcher IDs

ScholarID: 8pWrM48AAAAJ

ORCID: 0000-0001-5631-519X

Publons / Web Of Science ResearcherID: G-5476-2018

ScopusID: 57218368882

Yoksis Researcher ID: 273000

### Biography

Mehmet Sak graduated from Hacettepe University English Language Teaching program in 2017 and received his master's degree from the same department at the same university in 2020. After starting and continuing a six-month lecturer position at the Foreign Languages Department of TOBB University of Economics and Technology in 2017, he served as a Research Assistant in the English Language Teaching undergraduate program at TED University from 2018 to January 2023. Since February 2023, Mehmet Sak has been working as a Lecturer in the same program and also serves as the vice head of the department. He has been pursuing his doctoral studies at Middle East Technical University since 2021, and his doctoral work is supported by TÜBİTAK. Mehmet Sak's research areas mainly focus on the psychology of language learning/teaching and teacher education, and he has publications in various international journals.

### Education Information

Doctorate, Middle East Technical University, Graduate School Of Social Sciences, Yabancı Diller Eğitimi Bölümü, Turkey 2021 - Continues

Postgraduate, Hacettepe University, Eğitim Fakültesi, Yabancı Diller Eğitimi Bölümü, Turkey 2017 - 2020

Undergraduate, Hacettepe University, Eğitim Fakültesi, Yabancı Diller Eğitimi Bölümü, Turkey 2013 - 2017

### Dissertations

Postgraduate, A case study on the parameters underlying patterns of change in directed motivational currents, Hacettepe University, Eğitim Fakültesi, Yabancı Diller Eğitimi Bölümü, 2020

### Research Areas

Education in English, Teacher Training, Linguistics

### Academic Titles / Tasks

Lecturer, TED University, Faculty Of Education, Department Of Foreign Languages, 2023 - Continues

Research Assistant, TED University, Faculty Of Education, Department Of Foreign Languages, 2018 - 2023

Instructor, TOBB University of Economics and Technology, Rectorate, Department Of Foreign Language, 2017 - 2018

## Academic and Administrative Experience

Deputy Head of Department, TED University, Faculty Of Education, Department Of Foreign Languages, 2023 - Continues

## Courses

Approaches in English Language Learning and Teaching, Undergraduate

Linguistics 2, Undergraduate

Approaches in English Language Teaching, Undergraduate

Linguistics, Undergraduate

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Sources and outcomes of distressing emotions in directed motivational currents**  
Sak M., Pietluch A.  
System, vol.123, 2024 (SSCI)
- II. **The Routledge Handbook of the Psychology of Language Learning and Teaching**  
Sak M.  
JOURNAL OF MULTILINGUAL AND MULTICULTURAL DEVELOPMENT, vol.45, no.5, pp.1812-1813, 2024 (AHCI)
- III. **Dynamic Changes in Pre-Service Language Teacher well-being in the Classroom Ecology: A Micro Approach**  
Sak M., GÜRBÜZ N.  
TESOL Quarterly, vol.58, no.1, pp.168-194, 2024 (SSCI)
- IV. **Tracking motivational changes in self-initiated professional development in ELT: a single-case analysis**  
Sak M.  
INNOVATION IN LANGUAGE LEARNING AND TEACHING, no.1, pp.1-11, 2024 (SSCI)
- V. **Critical digital literacy in virtual exchange for ELT teacher education: An interpretivist methodology**  
Bilki Z., Satar M., Sak M.  
RECALL, vol.35, pp.58-73, 2023 (AHCI)
- VI. **Dynamicity of language teacher motivation in online EFL classes**  
Sak M.  
System, vol.111, 2022 (SSCI)
- VII. **Unpacking the negative side-effects of directed motivational currents in L2: An interpretative phenomenological analysis**  
Sak M., GÜRBÜZ N.  
Language Teaching Research, 2022 (SSCI)
- VIII. **Understanding the role of personality in explaining L2 learners' DMC disposition**  
Sak M.  
FOREIGN LANGUAGE ANNALS, vol.54, no.2, pp.429-451, 2021 (SSCI)
- IX. **Directed Motivational Currents and Language Education: Exploring Implications for Pedagogy**  
Sak M.  
SYSTEM, vol.97, 2021 (SSCI)

## Articles Published in Other Journals

- I. **ENGAGING LANGUAGE LEARNERS IN CONTEMPORARY CLASSROOMS**  
Sak M.  
TESOL JOURNAL, vol.13, no.1, 2022 (ESCI)
- II. **The role of ideal L2 self in predicting L2 willingness to communicate inside and outside the classroom**  
Sak M.  
EURASIAN JOURNAL OF APPLIED LINGUISTICS, vol.6, no.2, pp.189-203, 2020 (ESCI)
- III. **Contextual Factors that Enhance and Impair Directed Motivational Currents in Instructed L2 Classroom Settings**  
SAK M.  
Novitas-Royal, vol.13, no.2, pp.156-175, 2019 (Peer-Reviewed Journal)

## Books & Book Chapters

- I. **A trainee EFL teacher's self-reflexivity in exploring motivational dynamics in self-guided professional learning**  
Sak M., Acar M.  
in: K-12 Classroom Research in Language Teaching and Learning: Narratives for Understanding and Engaging in Teacher Research, Kate Mastruserio Reynolds, Khanh-Duc Kuttig, Editor, Routledge, London/New York, New York, pp.208-220, 2024

## Refereed Congress / Symposium Publications in Proceedings

- I. **Emotion regulation in directed motivational currents: Consequences for goal-striving**  
Sak M., Gümüş Ö.  
Psychology of Language Learning Conference 2024 (PLL5), Madrid, Spain, 16 - 18 May 2024
- II. **Changes in motivation during self-initiated professional development in ELT: Insights from a single-case study**  
Sak M.  
The 21st INGED International ELT Conference, Kayseri, Turkey, 3 - 05 November 2023
- III. **Yükseköğretimde Program Geliştirme: TED Üniversitesi Eğitim Fakültesi Örneği**  
Aksoy E., Voltan Acar N. H., Elmas B., Er S. S., Toker Z., Haşlamam T., Yücelyiğit S., Erdoğan T., Alkaş Ulusoy Ç., Emre Akdoğan E., et al.  
10. International Eurasian Educational Research Congress, Ankara, Turkey, 8 - 11 June 2023, pp.141-142
- IV. **Exploring fluctuations of language teacher motivation in online EFL classes**  
Sak M.  
Language Teacher Psychology Conference, Mersin, Turkey, 6 - 07 October 2022
- V. **EFL teacher educators' wellbeing in distance education**  
Sak M., Bursalı N., Daloğlu A.  
The 4th TESOL Turkey International ELT Conference, Ankara, Turkey, 17 - 19 March 2022
- VI. **Exploring the dynamics of critical digital literacy development: Insights from a telecollaborative exchange project**  
BİLKİ Z., SAK M.  
EUROCALL 2021, Paris, France, 25 - 27 August 2021
- VII. **Exploring the relationship between big-five personality traits and directed motivational currents**  
Sak M., Öz H.  
GlobELT 2019 Conference, Girne, Cyprus (Kktc), 11 - 14 April 2019

## VIII. Contextual factors that influence directed motivational currents: A longitudinal study

Sak M.

GlobELT 2019 Conference, Girne, Cyprus (Kkctc), 11 - 14 April 2019

## Supported Projects

Sak M., Bilki Z., Project Supported by Higher Education Institutions, Pre-service language teacher well-being in digital spaces: The case in telecollaborative exchanges, 2024 - 2024

## Scientific Refereeing

JOURNAL OF MULTILINGUAL & MULTICULTURAL DEVELOPMENT, Journal Indexed in SSCI, January 2024

ENGLISH TEACHING & LEARNING, Journal Indexed in ESCI, August 2023

INTERNATIONAL REVIEW OF APPLIED LINGUISTICS IN LANGUAGE TEACHING : IRAL, Journal Indexed in SSCI, August 2023

TESOL QUARTERLY, Journal Indexed in SSCI, January 2023

SYSTEM, Journal Indexed in SSCI, August 2022

TESOL QUARTERLY, Journal Indexed in SSCI, May 2022

Asian-Pacific Journal of Second and Foreign Language Education, Journal Indexed in ESCI, March 2022

SYSTEM, Journal Indexed in SSCI, March 2022

FOREIGN LANGUAGE ANNALS, Journal Indexed in SSCI, July 2021

## Scholarships

Doctoral Student Merit-Based Scholarship, TUBITAK, 2020 - Continues

## Awards

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, June 2024

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, May 2024

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, October 2023

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, August 2023

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, May 2023

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, March 2023

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, March 2023

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, December 2022

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, December 2022

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, September 2022

Sak M., Uluslararası Bilimsel Yayınları Teşvik Ödülü, Tübitak, November 2021

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, August 2021

Sak M., TED Üniversitesi Yayın Ödülü, Ted Üniversitesi, March 2021