

## **Prof. Nilüfer Havva Voltan Acar**

### **Personal Information**

**Email:** nilufer.voltan@tedu.edu.tr

**Web:** <https://avesis.tedu.edu.tr/nilufer.voltan>

### **International Researcher IDs**

ScholarID: Ay9xlesAAAAJ

ORCID: 0000-0001-9239-0314

Yoksis Researcher ID: 9176

### **Biography**

Prof. Dr. Nilüfer VOLTAN ACAR graduated from Üsküdar Amerikan Academy for Girls in 1970. In 1974, she graduated from Hacettepe University Social Work Department with a higher license. She took her M.C. degree from Hacettepe University, Department of Psychological Counseling and Guidance 1975, and also she received Fullbright Scholarship. She received M.S.W frpm the University of Utah, Graduate School of Social Work with the emphasis of Marriage and Family Counseling and Case Work in 1977. In 1980, she took her Ph.D degree from Hacettepe University, Psychological Counseling and Guidance Program. In the same year, she started her psychodrama training with the collaboration of the Ankara University and the German Moreno Institute. In 1993, she became a psychodrama leader. In addition, she joined various Gestalt training groups from International Gestalt Education Institutions. She got a certificate of competence in Gestalt Therapy and became a gestalt therapist in 2004. She is a founding member of the Turkish Psychological Counseling and Guidance Association and has held the chairmanship for three terms. She has awarded Hacettepe Science award for the acadenmic tyear2011-2012. Her book Yeniden Therapötik İletişim received a best seller award in the year 2015. She and her colleague developed the Voltan-Acar Molaei Integrative Model in Counseling.

### **Education Information**

Doctorate, Hacettepe University, Turkey 1977 - 1980

Postgraduate, Hacettepe University, İktisadi Ve İdari Bilimler Fakültesi, Sosyal Hizmet Bölümü, Turkey 1970 - 1974

### **Foreign Languages**

English

### **Certificates, Courses and Trainings**

Certificate of Competence, Gestalt Education Network Institution, 2004

Psychodramatist, Abdulkadir Özbek Psychodrama Instution, 1993

### **Academic Titles / Tasks**

Professor, TED University, Faculty of Education, Department of Educational Sciences, 2017 - Continues

Other, Hacettepe University, Psychological Counseling and Guidance, 1977 - 2017

## **Academic and Administrative Experience**

Head of Department, TED University, Faculty Of Education, Department Of Educational Sciences, 2017 - Continues

Head of Department, TED University, Faculty Of Education, Department Of Educational Sciences, 2017 - Continues

## **Courses**

Practicum of Counseling in Schools 2, Undergraduate, 2021 - 2022

Practicum of Counseling in Schools 1, Undergraduate, 2022 - 2023, 2021 - 2022

Field Practice in Individual Counseling 1, Undergraduate, 2022 - 2023, 2021 - 2022

Group Counseling, Undergraduate, 2021 - 2022, 2019 - 2020, 2018 - 2019, 2017 - 2018

Experiential Gestalt Therapy, Postgraduate, 2022 - 2023

Counseling Skills, Undergraduate, 2021 - 2022, 2020 - 2021

Group Counseling, Undergraduate, 2021 - 2022, 2020 - 2021

Field Practice in Individual Counseling, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

Field Practice in School Counseling Services, Undergraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019

Field Practice in Group Counseling, Undergraduate, 2019 - 2020, 2018 - 2019, 2017 - 2018

## **Jury Memberships**

Committee Of Expert, Committee Of Expert, TED University, November, 2023

Appointment to Academic Staff - Associate Professorship, Appointment to Academic Staff - Associate Professorship, TED Üniversitesi, August, 2023

Appointment to Academic Staff-Assistant Professorship, Appointment to Academic Staff-Assistant Professorship, TED Üniversitesi, July, 2023

Academic Staff Examination, Academic Staff Examination, TED Üniversitesi, February, 2023

Academic Staff Examination, Academic Staff Examination, TED Üniversitesi, February, 2023

Academic Staff Examination, Academic Staff Examination, TED Üniversitesi, February, 2023

Appointment to Academic Staff - Associate Professorship, Appointment to Academic Staff - Associate Professorship, TED University, January, 2023

Appointment to Academic Staff-Assistant Professorship, Appointment to Academic Staff-Assistant Professorship, TED Üniversitesi, January, 2023

Appointment to Academic Staff-Assistant Professorship, Appointment to Academic Staff-Assistant Professorship, TED Üniversitesi, September, 2022

Appointment to Academic Staff-Assistant Professorship, Appointment to Academic Staff-Assistant Professorship, TED Üniversitesi, March, 2022

Post Graduate, Post Graduate, TED Üniversitesi, February, 2022

Appointment to Academic Staff-Assistant Professorship, Appointment to Academic Staff-Assistant Professorship, TED Üniversitesi, February, 2022

Appointment to Academic Staff-Assistant Professorship, Appointment to Academic Staff-Assistant Professorship, TED Üniversitesi, February, 2022

Post Graduate, Post Graduate, TED Üniversitesi, January, 2022

Academic Staff Examination, Academic Staff Examination, TED Üniversitesi, January, 2022

İş Arama Süreci Yönetme Programının Eksik İstihdam Riski Taşıyan Bireylerin İş Arama Niyeti ve Davranışlarına Etkisi, TÜBA-GEBİP, August, 2020

August, 2019

KEFAD REFEREE, July, 2019

June, 2019

June, 2019

June, 2019

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **A View of the Symbolic-experiential Family Therapy of Carl Whitaker through Movie Analysis**  
ÇAĞ P., Voltan Acar N. H.  
EDUCATIONAL SCIENCES-THEORY & PRACTICE, vol.15, no.3, pp.575-586, 2015 (SSCI)
- II. **The practicality of reality therapy in turkish culture: An analytical overview** Gerçeklik terapisinin  
TÜRK KÜLTÜRÜNE UYGULANABILIRLIĞI: Kültür açısından eleştirel bakış  
Yorgun A., Voltan Acar N. H.  
Egitim ve Bilim, vol.39, no.175, pp.216-226, 2014 (SSCI)

## Articles Published in Other Journals

- I. **Rational emotive behavior therapy from a new perspective**  
Voltan Acar N. H., Şahin E. S.  
Journal of Human Sciences, vol.16, no.4, pp.894-906, 2019
- II. **Evaluation of violence against women in the context of analytic psychotherapy**<p>Kadına  
yönelik şiddetin analitik psikoterapi bağlamında değerlendirilmesi  
Bozdağ F., Voltan Acar N. H.  
Journal of Human Sciences, vol.14, no.4, pp.3356, 2017
- III. **MARTİN EDEN ROMANIN VAROLUŞU TERAPİNİN TEMEL KAVRAMLARI AÇISINDAN İNCELENMESİ**  
Voltan Acar N. H.  
THE JOURNAL OF INTERNATIONAL SOCIAL RESEARCH, vol.10, no.51, pp.490-500, 2017
- IV. **Grupla Psikolojik Danışma - Çözüm Odaklı Kısa Süreli Psikolojik Danışma: Sinerjik Bir Etki**  
Yılmaz O., Voltan Acar N. H.  
Ufuk Üniversitesi Sosyal Bilimler Enstitüsü Dergisi, vol.6, no.11, pp.17-34, 2017
- V. **"TİTANİK" FILMİNİN AKILCI DUYGUSAL DAVRANIŞÇI TERAPİ AÇISINDAN DEĞERLENDİRİLMESİ**  
Voltan Acar N. H.  
International Journal of Social Humanities Sciences Research (JSHSR), vol.4, no.12, pp.1069-1080, 2017
- VI. **"BİR AYRILIK (A SEPARATION)" FILMİNİN GERÇEKLIK TERAPİSİ ÖĞELERİ AÇISINDAN İNCELENMESİ**  
Voltan Acar N. H.  
Social Sciences Studies Journal, vol.3, no.10, pp.1257-1264, 2017
- VII. **Logoterapide Kullanılan Kavramların ve Tekniklerin Türk Kültürü'nde Uygulanabilirliği**  
TAGAY Ö., Voltan Acar N. H., NALBANT A.  
Ege Eğitim Dergisi, vol.17, no.1, pp.105, 2016
- VIII. **UZAK FILMİ NİN VAROLUŞU TERAPİNİN TEMEL KAVRAMLARI AÇISINDAN DEĞERLENDİRİLMESİ**  
Voltan Acar N. H.  
THE JOURNAL OF INTERNATIONAL SOCIAL RESEARCH, vol.9, no.43, pp.1288, 2016
- IX. **The Perception of Violence of University Student and Factors Affecting to Perception of  
Violence/Şiddet algısı: Üniversite öğrencilerinde şiddet algısını etkileyen faktörlerin İncelenmesi**  
Sevencan F., Ozcebe H., Voltan Acar N. H., Bilge F., Akman Y.  
Türkiye Halk Sağlığı Dergisi, vol.11, no.1, pp.33, 2015
- X. **Psikolojik Danışman Eğitiminde Süervizyonun Önemi Ve Grupla Psikolojik Danışmadaki Rolü**  
Yılmaz O., Voltan Acar N. H.  
Abant İzzet Baysal Üniversitesi Eğitim Fakültesi Dergisi, vol.15, no.1, 2015
- XI. **Studies before 2016: <https://www.tedu.edu.tr/en/user/2212/publications> (1980-2015)**  
Voltan Acar N. H.

## Books & Book Chapters

- I. **Grupla Psikolojik danışma İlke ve Teknikleri**  
Voltan Acar N. H.  
Nobel Yayın Dağıtım, Ankara, 2023
- II. **Yeniden Terapötik iletişim**  
Voltan Acar N. H.  
Nobel Yayın Dağıtım, Ankara, 2023
- III. **İnsan İlişkileri iletişim**  
Voltan Acar N. H.  
Nobel Yayın Dağıtım, Ankara, 2023
- IV. **Yeniden Terapötik iletişim**  
Voltan Acar N. H.  
Nobel Yayın Dağıtım, Ankara, 2022
- V. **Grupla psikolojik danışmada Voltan Acar - Molaei bütünlüğünü modeline dayalı süpervizyonlu oturum örnekleri**  
Voltan Acar N. H.  
Nobel Akademik Yayıncılık, 2021
- VI. **Birey odaklı grupla psikolojik danışma: süpervizyonlu oturum örnekleri**  
Voltan Acar N. H.  
Nobel Akademik Yayıncılık, 2021
- VII. **Yeniden teropatik iletişim: kişilerarsı ilişkiler**  
Voltan Acar N. H.  
Nobel Akademik Yayıncılık, 2021
- VIII. **Grupla psikolojik danışmada alıştırmalar-deneyler**  
Voltan Acar N. H.  
Nobel Akademik Yayıncılık, 2021
- IX. **978-625-439-022-7 Dictionary of Psychological Counseling and Guidance Terms English/Turkish**  
Voltan Acar N. H., Arayıcı İyiaydin A., Atay B., Yılmaztürk H., Babüroğlu Y., Yeler Z.  
Nobel, Ankara, 2020
- X. **978-605-133-345-8 Yeniden Terapötik İletişim-Kişiler Arası İlişkiler (17. baskı)**  
Voltan Acar N. H.  
Nobel, Ankara, 2020
- XI. **978-605-133-237-6 Grupla Psikolojik Danışma İlke ve Teknikleri**  
Voltan Acar N. H.  
Nobel, Ankara, 2020
- XII. **978-605-241-313-5**  
Voltan Acar N. H., Tagay Mutlu Ö.  
in: Psikolojik Danışma ve Psikoterapi Kuramları, Zeynep Karataş, Yasemin Yavuzer, Editor, Pegem Akademi, Ankara,  
pp.1-727, 2020
- XIII. **Psikolojik danışma ve psikoterapi kuramları (Book Chapter: Gestalt Terapi)**  
Voltan Acar N. H.  
in: Psikolojik danışma ve psikoterapi kuramları (Book Chapter: Gestalt Terapi), , Editor, 2019
- XIV. **Grupla Psikolojik Danışma İlke ve Teknikleri (13.basım). Ankara:Nobel Yayın Dağıtım.**  
Voltan Acar N. H.  
2018
- XV. **Voltan-Acar,N (2018) Grupla Psikolojik Danışmada Alıştırmalar Deneyler (13. baskı).Ankara:Nobel Yayın dağıtım.**

- Voltan Acar N. H.  
2018
- XVI. Voltan-Acar, N. (2018). **İnsan ilişkileri İletişim.** 4.basım. Ankara: Nobel Yayın Dağıtım.  
Voltan Acar N. H.  
2018
- XVII. **PDR'de Bir Ömür.** Ankara:Nobel yayın dağıtım.  
Voltan Acar N. H.  
2016
- XVIII. (2016). **Grupla Psikolojik Danışmada Voltan Acar – Molaei Bütünleştirici Modeline Dayalı Süpervizyonlu Oturum Örnekleri.** Ankara:Nobel Yayın dağıtım.  
Voltan Acar N. H.  
2016
- XIX. **Grupla psikolojik danışma ilke ve teknikleri**  
Voltan Acar N. H.  
2012
- XX. **Yeniden terapötik iletişim kişiler arası ilişkiler**  
Voltan Acar N. H.  
2009

## **Memberships / Tasks in Scientific Organizations**

Türk Psikolojik Danışma ve Rehberlik Derneği, Honorary Chairman, 1989 - Continues, Turkey  
Fulbright , Principal Member, 1977 - Continues, Turkey

## **Scientific Refereeing**

Journal of Kırşehir Education Faculty, May 2020

## **Scientific Consultations**

TED Genel Merkez, Scientific Consultancy, TED University, Faculty Of Education, Department Of Educational Sciences, Turkey, 2023 - Continues  
Ankara Atatürk Lisesi akademik danışmanı, Hacettepe University, Psychological Counseling and Guidance, Turkey, 2018 - 2020

## **Tasks In Event Organizations**

VOLTAN ACAR N. H., Psikolojik Danışmanlık Mesleğinin Gelecek Tasarımı:Engeller,Tehditler ve Fırsatlar, Kasım 2020  
VOLTAN ACAR N. H., Gestalt Terapi <https://youtu.be/wTJiBa2DMm>, Kasım 2020

## **Scientific Research / Working Group Memberships**

for GPC 482 Practicum in individual counseling, I met three of the instructors who come from outside, to organize the course and the syllabus,, 2020 - 2020  
for GPC 481 Field Practice in individual counseling I got together with the instructors who are hired from outside, 2020 - 2020  
Revise the course profiles of PCG courses, 2019 - 2019

## **Awards**

VOLTAN ACAR N. H., AD Scientific Index, December 2021

VOLTAN ACAR N. H., 1999 Uluslararası Gestalt Enstitüsünden Gestalt Workshop Bursu 1997 Uluslararası Gestalt Enstitüsünden Gestalt Workshop Bursu 1995 Uluslararası Gestalt Enstitüsünden Gestalt Workshop Bursu 1975-1977 Fullbright Bursu 1976-1977 Uluslararası Altrusa Bursu 1975-1976 Delta, Kappa, Gamma Bursu, January 1999