Prof. Tuğba Uzer Yıldız

Personal Information

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Biography

Currently, I am working as an Associate Professor in Psychology Department at TED University.

My research primarily focuses on understanding how people recall autobiographical memories - memories of personal experiences. There are three themes underlying my research in autobiographical memory. First, I explore how different cueing conditions influence the prevalence of direct and generative retrievals (Uzer, Lee & Brown, 2012; Uzer, 2016; Uzer & Brown, 2017). Second, I study how emotion affects recall properties of autobiographical memories. For example, retrieval problems in post-traumatic stress disorder (PTSD) and depression are examples of my emotion and memory research topics (Uzer & Brown, 2015; Uzer & Gulgoz, 2015). Third, I have been working on transmission of traumatic experiences through individual (autobiographical) and collective memories (Svob, Brown, Reddon, Uzer & Lee, 2013; Uzer, Besiroglu & Karakılıc, 2020; Zeynel & Uzer, 2020).

Education Information

Doctorate, University of Alberta, Canada 2007 - 2012 Postgraduate, Koc University, Turkey 2005 - 2007 Undergraduate, METU, Turkey 1999 - 2003

Academic Titles / Tasks

Professor, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2023 - Continues
Associate Professor, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2018 - 2023
Assistant Professor, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2015 - 2018
Assistant Professor, İpek Üniversitesi, İnsan Ve Toplum Bilimleri Fakültesi, Psikoloji Bölümü, 2014 - 2015
Research Assistant, University of Alberta, Faculty Of Science (Bilim Fakültesi), Psychology (Psikoloji), 2007 - 2011
Research Assistant, Koc University, Sosyal Bilimler Enstitüsü, Gelişim Psikolojisi (YI) (Tezli), 2005 - 2007

Academic and Administrative Experience

Prof. Dr., TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2023 - Continues
TEDU PSYCHOLOGY PHD Application Jury Member, 2021 - Continues
BAP Scientific Commissioner, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2021 - Continues

Erasmus Program Department Coordinator, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2016 - Continues

Fakülte Kurulu Üyesi, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2018 - 2023

Assoc. Prof., TED, Psychology, 2018 - 2023

Fakülte Yönetim Kurulu Üyesi, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2017 - 2023 TEDU Fen Edebiyat Fakültesi Fakülte Kurulu, 2017 - 2023

Enstitü Yönetim Kurulu Üyesi, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2017 - 2023

Exam Program Preparation Commission Member, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2022 - 2022

TEDU DEVCLIN APPLICATION JURY MEMBER, 2021 - 2022

Ethics Committee Member, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2021 - 2022

TEDU Human Research Ethics Committee (Reporter), 2021 - 2022

Asistant Professor, TED University, 2015 - 2018

Courses

Advanced Research Methods and Statistics, Postgraduate, 2022 - 2023, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

Experimental Psychology, Undergraduate, 2022 - 2023, 2021 - 2022, 2017 - 2018

General Psychology, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020

Graduation Paper and Seminar, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020

Selected Topics in Psychology, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021

Master's Thesis II, Postgraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020

Master's Thesis I, Postgraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

Psychology, Undergraduate, 2021 - 2022

Seminar, Doctorate, 2021 - 2022

Cognitive Psychology, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020

Trauma Psychology, Undergraduate, 2020 - 2021

 $Pre-Thesis\ Seminar,\ Postgraduate,\ 2020-2021,\ 2018-2019,\ 2017-2018$

Sensation and Perception, Undergraduate, 2020 - 2021, 2019 - 2020

Human Memory, Undergraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019

Special Topics in Autobiographical Memor, Undergraduate, 2018 - 2019

Applied Research & Data Analysis, Undergraduate, 2018 - 2019

Introduction to Cognition, Undergraduate, 2017 - 2018

Visual Perception, Postgraduate, 2017 - 2018

Experimental Psychology, Undergraduate, 2016 - 2017

Research Methods, Postgraduate, 2016 - 2017

Research Methods II, Undergraduate, 2016 - 2017

Research Methods I, Undergraduate, 2016 - 2017

Life-Span Development I, Undergraduate, 2016 - 2017

Visual Perception, Postgraduate, 2016 - 2017

Advanced Research Methods and Statistics, Postgraduate, 2016 - 2017

Introduction to Cognition, Undergraduate, 2016 - 2017

Psychology, Undergraduate, 2015 - 2016

Advising Theses

Uzer Yıldız T., Investigating the effects of sensory processing sensitivity, negative affectivity and conflict resolution styles on relationship satisfaction, Postgraduate, M.Zorlular(Student), 2022

Uzer Yıldız T., Understanding intergenerational transmission of early maladaptive schemas from a memory perspective: Moderating role of overgeneral memory on adverse experiences, Postgraduate, İ.Alaftar(Student), 2021

Uzer Yıldız T., Does difficulty in remember specific experiences impede goal setting? an experimental study on people with depressive symptoms, Postgraduate, T.Koç(Student), 2021

Uzer Yıldız T., The influence of autobiographical memory specificity on goal setting in non-depressed individuals, Postgraduate, İ.Korkutmaz(Student), 2021

Uzer Yıldız T., Reminiscence functions and their relation to post-traumatic cognitions and well-being in young adults with chronic diseases, Postgraduate, S.Kalaycı(Student), 2021

Gökler Danışman I., Uzer Yıldız T., Investigating the relation between maternal childhood traumatic experiences and children's emotion regulation: mediating role of maternal emotion regulation and emotion socialization, Postgraduate, G.Ceren(Student), 2021

Uzer Yıldız T., The effect of academic rumination on goal orientations in perfectionist adolencents, Postgraduate, A.Yardımcı(Student), 2020

Uzer Yıldız T., Investigating the roles of adverse childhood experiences and father involvement on the transmission of early maladaptive schemaz, Postgraduate, Z.Zeynel(Student), 2019

Uzer Yıldız T., Transgenerational transmission of trauma: investigating cognitive, emotional and behavioral forms of transmission among Marmara Earthquake survivors, Postgraduate, A.Güngör(Student), 2018

Uzer Yıldız T., Age differences in remembering mixed emotional experiences, Postgraduate, D.Selen(Student), 2018
Uzer Yıldız T., The relationship between attachment and motivated forgetting: Investigating the effects of attachment style and mental representations of attachment figures on the directed forgetting of autobiographical memories,
Postgraduate, G.Göven(Student), 2018

Jury Memberships

July, 2020 February, 2019

Published journal articles indexed by SCI, SSCI, and AHCI

I. Investigating the relationship between sensory processing sensitivity and relationship satisfaction: mediating roles of negative affectivity and conflict resolution style

Zorlular M., Uzer Yıldız T.

Current Psychology, vol.42, no.30, pp.26504-26513, 2023 (SSCI)

II. Only Reduced Specificity of Negative Memories Is Associated With Reduced Goal Specificity in Depression

Korkutmaz İ., Koç T., Uzer Yıldız T.

Journal of Applied Research in Memory and Cognition, vol.12, no.4, pp.607-618, 2023 (SSCI)

III. Ruminative reminiscence predicts COVID-related stress symptoms while reflective reminiscence and social reminiscence predict post-COVID growth

Akdağ S., Korkmaz B., Tiftik T., Uzer Yıldız T.

Current Psychology, 2023 (SSCI)

IV. Investigating traumatic memory integration in people with and without post-traumatic stress disorder using the event-cueing paradigm

Uzer Yıldız T., Beşiroğlu L., Karakılıç M., Yalçın D. Ö., Yazar M. S., İlden Koçkar A.

Memory, vol.31, no.9, pp.1176-1184, 2023 (SSCI)

V. Reminiscence Functions and Their Relation to Posttraumatic Cognitions and Well-Being in Young Adults With Chronic Diseases

Kalayci-Celik S., Uzer Yıldız T.

JOURNAL OF APPLIED RESEARCH IN MEMORY AND COGNITION, vol.11, no.3, pp.405-417, 2022 (SSCI)

VI. Psychological control and indulgent parenting predict emotional-abuse victimization in romantic relationships

Beyarslan S. D., Uzer Yıldız T.

CURRENT PSYCHOLOGY, vol.41, no.8, pp.5532-5545, 2022 (SSCI)

VII. Understanding intergenerational transmission of early maladaptive schemas from a memory perspective: Moderating role of overgeneral memory on adverse experiences

Alaftar İ., Uzer Yıldız T.

Child Abuse and Neglect, vol.127, 2022 (SSCI)

VIII. Validity and reliability testing of the transitional impact scale

Uzer Yıldız T.

STRESS AND HEALTH, vol.36, no.4, pp.478-486, 2020 (SCI-Expanded)

IX. Event centrality, transitional impact and symptoms of posttraumatic stress in a clinical sample Uzer Yıldız T., Besiroglu L., Karakilic M.

ANXIETY STRESS AND COPING, vol.33, no.1, pp.75-88, 2020 (SSCI)

X. Adverse childhood experiences lead to trans-generational transmission of early maladaptive schemas

Zeynel Z., Uzer Yıldız T.

CHILD ABUSE & NEGLECT, vol.99, 2020 (SSCI)

XI. The effect of cue content on retrieval from autobiographical memory

Uzer Yıldız T., Brown N. R.

ACTA PSYCHOLOGICA, vol.172, pp.84-91, 2017 (SSCI)

XII. Retrieving autobiographical memories: How different retrieval strategies associated with different cues explain reaction time differences

Uzer Yıldız T.

ACTA PSYCHOLOGICA, vol.164, pp.144-150, 2016 (SSCI)

XIII. Disruptive Individual Experiences Create Lifetime Periods: a Study of Autobiographical Memory in Persons with Spinal Cord Injury

Uzer Yıldız T., Brown N. R.

APPLIED COGNITIVE PSYCHOLOGY, vol.29, no.5, pp.768-774, 2015 (SSCI)

XIV. Socioemotional selectivity in older adults: Evidence from the subjective experience of angry memories

Uzer Yıldız T., Gulgoz S.

MEMORY, vol.23, no.6, pp.888-900, 2015 (SSCI)

XV. The transitional impact scale: Assessing the material and psychological impact of life transitions Svob C., Brown N. R., Reddon J. R., Uzer Yıldız T., Lee P. J.

BEHAVIOR RESEARCH METHODS, vol.46, no.2, pp.448-455, 2014 (SSCI)

XVI. On the Prevalence of Directly Retrieved Autobiographical Memories

Uzer Yıldız T., Lee P. J., Brown N. R.

JOURNAL OF EXPERIMENTAL PSYCHOLOGY-LEARNING MEMORY AND COGNITION, vol.38, no.5, pp.1296-1308, 2012 (SCI-Expanded)

Books & Book Chapters

I. Duyu ve Duyum

Uzer Yıldız T.

in: Sosyal Bilimler Ansiklopedisi, H Belgin Ayvaşık, Editor, TÜBİTAK, 2020

II. Biliş

Uzer Yıldız T.

in: Sosyal Bilimler Ansiklopedisi, H Belgin Ayvaşık, Editor, TÜBİTAK, 2020

III. Bilişsel Öğrenme

Uzer Yıldız T.

in: Sosyal Bilimler Ansiklopedisi, H Belgin Ayvaşık, Editor, TÜBİTAK, 2020

IV. Kısa Süreli Bellek

Uzer Yıldız T.

in: Sosyal Bilimler Ansiklopedisi, H Belgin Ayvaşık, Editor, TÜBİTAK, 2020

V. Algı

Uzer Yıldız T.

in: Sosyal Bilimler Ansiklopedisi, , Editor, TÜBİTAK, 2020

VI. Nasıl Hatırlarız, Nasıl Unuturuz: Kuramsal Yaklaşımlar

Uzer Yıldız T.

in: Hayatı Hatırlamak Otobiyografik Belleğe Bilimsel Yaklaşımlar, Sami Gülgöz, Berivan Ece, Sezin Öner, Editor, 2018

Refereed Congress / Symposium Publications in Proceedings

- I. Autobiographical Memory Specificity and Goal Setting Uzer Yıldız T., Koç T., Korkutmaz İ.
- II. Uzer, T., Beşiroğlu, L., Ülgen, P*., Coşgun, B*., Akça, S*., Karakılıç, M., Koçkar, A. İ., Yazar, M. S., & Özen-Yalçın, D. (2018). Investigating Integration of Traumatic Memories in an Event-cueing Paradigm: Comparison between PTSD and non-PTSD groups. Poster was presented at Autobiographical Memory and the Self, Aarhus, Denmark Uzer Yıldız T.
- III. Güngör, A., Gökler Danışman, I., Uzer Yıldız, T. (2019). 1999 marmara depreminin kuşak aşkin aktarimi: Bilişsel, duygusal ve davranişsal aktarimin incelenmesi (poster Bildiri). 1. Ankara Travma Sempozyumu: "Travmanın Sonrası: Dayanıklılık, Başaçıkma, Büyüme", 19-20 Ekim 2019, TED üniversitesi, Ankara.

Güngör A., Gökler Danışman I., Uzer Yıldız T.

IV. Göven, G*. & Uzer, T. (2019). Bağlanma ve istemli unutma ilişkisi: Bağlanma biçiminin ve bağlanma figürlerinin zihinsel temsillerinin otobiyografik anılarda yönlendirilmiş unutma üzerindeki etkilerinin araştırılması. Sözel Bildiri. 5. Deneysel-Bilişsel Psikoloji Sempozyumu, 5-6 Eylül, Kadir Has Üniversitesi. İstanbul.

Uzer Yıldız T.

V. Uzer, T., Beşiroğlu., & Karakılıç. M. (2019). Central but Disintegrated: Investigating Traumatic Memories of People with and without PTSD by Using Event-cuing Paradigm. Talk was given at SARMAC XIII, Cape Cod, MA, USA.

Uzer Yıldız T.

- VI. Demir, S*., & Uzer, T. (2018). Age Differences in Remembering Mixed Emotional Experiences.

 Accepted for presentation at 20th National Psychology Congress in TED University, Ankara, Turkey
 Uzer Yıldız T.
- VII. Goven, G*., & Uzer T. (2018). Bağlanma ve İstemli Unutma İlişkisi: Bağlanma Biçiminin ve Bağlanma Figürlerinin Zihinsel Temsillerinin Otobiyografik Anılarda Yönlendirilmiş Unutma Üzerindeki Etkilerinin Araştırılması, Sözel sunum, 20. Ulusal Psikoloji Kongresi, Ankara.
- VIII. Sel, B*., Gökler-Danışman, I., & Uzer, T. (2018) Ergenlerin risk algisinda duygudurum ve otobiyografik anilarin etkilerinin araştırılması, Sözel Sunum, 20. Ulusal Psikoloji Kongresi, Ankara.
 - IX. Güngör, A*., Gökler-Danışman, I., Uzer, T. (2018). Travmanın kuşak aşkın aktarımı: Marmara Depremi. Poster sunumu, 20. Ulusal Psikoloji Kongresi, Ankara.

 Uzer Yıldız T
 - X. Güngör, A*., Uzer, T., Gökler-Danışman, I. (2018). Marmara Depremi'nin kuşak aşkın aktarımı: travma aktarımını nerede arayacağız?. Poster sunumu, 3. Çocuk Koruma Kongresi, Ordu.

Uzer Yıldız T.

- XI. Demir, S*., & Uzer, T., (2018). Age Differences in Remembering Mixed Emotional Experiences. Poster was presented at Autobiographical Memory and the Self, Aarhus, Denmark.
 Uzer Yıldız T.
- XII. Goven, G*., & Uzer, T. (2018). Mental Imagery Of A Secure Attachment Figure Helps To Forget Negative Memories: An Example From A Directed Forgetting Study. Poster was presented at International Meeting of the Psychonomic Society, Amsterdam, Netherlands.

 Uzer Yıldız T.
- XIII. Demir, S*., & Uzer, T. (2018). Comparison of recall characteristics of happy, sad and bittersweat memories in young and middle aged people. Accepted for presentation at the 28th National Congress on Child and Adolescent Mental Health and Diseases, İstanbul, Turkey Uzer Yıldız T.
- XIV. Güngör, A*., Gökler-Danışman, I., Uzer, T. (2018). Travmanın kuşak aşkın aktarımı: Marmara Depremi'nde hayatta kalanların bilişsel, duygusal ve davranışsal aktarımının incelenmesi.Sözlü sunum, 28. Ulusal Çocuk ve Ergen Ruh Sağlığı ve Hastalıkları Kongresi, İstanbul. Uzer Yıldız T.
- XV. Gungor, A*., Uzer, T., & Gokler-Danisman, I. (2018). Investigating Transgenerational Trauma via Children's Biographical Memory: 1999 Marmara Earthquake. Poster was presented at New Directions in Social Cognition, Bilkent University, Ankara, Turkey.

 Uzer Yıldız T.
- XVI. Demir, S*., & Uzer, T., (2018). When One is Better than Two: Remembering Discrete versus Mixed Emotional Experiences Poster was presented at New Directions in Social Cognition, Bilkent University, Ankara, Turkey.

 Uzer Yıldız T.
- XVII. Goven, G*., & Uzer, T. (2018). Imagining Parents Helps to Forget Unpleasent Experiences: A Directed Forgetting Study. Poster was presented at New Directions in Social Cognition, Bilkent University, Ankara, Turkey.
- XVIII. Gursoy, C*., & Uzer, T. (2017). Psychological and Material Changes Brought by Life Transitions are Associated Differently to Depression and Anxiety. Poster was presented at 15th European Congress of Psychology, Amsterdam, the Netherlands.

 Uzer Yıldız T.
 - XIX. Brown, N. R., & Uzer, T. (2016). On the Direct Retrieval of Autobiographical Memories: Is It Real Yet?. Talk was presented at the 6th International Conference on Memory, Budapest, Hungary.

 Uzer Yıldız T.
 - XX. Gursoy, C*., & Uzer, T. (2016). Geçiş Dönemleri ve Etkileri: Önemli Olayların Yarattığı Değişimlerin Objektif Olarak Ölçülerek, Depresyon ve Anksiyete ile Olan İlişkilerinin Belirlenmesi. Talk was presented at 19th National Congress of Psychology, Izmir, Turkey.

 Uzer Yıldız T.
 - XXI. Uzer, T. (2016). Üniversite yasantısının meydana getirdigi materyal ve psikolojik degisimlerin akademik basarı ile iliskisi. Talk was presented at 25th National Educational Sciences Congress, Antalya, Turkey.

Uzer Yıldız T.

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Supported Projects

Uzer Yıldız T., Gülgöz S., Öner Yaman S., TUBITAK Project, Toplumsal Olaylar Hakkında Yanıltmak: Kaynagın Güvenilirligi, Sunulus Biçimi Ve Düzeltmenin Güvenilirligi Faktörlerinin Deneysel Yöntem Kullanılarak Arastırılması, 2023 - 2025 Uzer Yıldız T., TUBITAK Project, 2022 - 2025

Uzer Yıldız T., TUBITAK Project, Öz-Yansıtmada Kendinden Uzaklaşma ve İşlemleme Modunun Duygu Düzenlemeye

Etkisinin Araştırılması, 2023 - 2024

Uzer Yıldız T., Project Supported by Higher Education Institutions, Understanding Narrative Coherence and Well-Being Relationship from Developmental and Functional Perspectives, 2022 - 2024

Dikdüş Z., İzgi A., Doğanbaş E. N., UZER YILDIZ T., Project Supported by Higher Education Institutions, "Remembering Trauma and Orientation of Inhibition: Evidence from Emotional Stroop", 2021 - 2022

Korkutmaz S. İ., Koç S. T., UZER YILDIZ T., Project Supported by Higher Education Institutions, Autobiographical Memory Specificity and Goal Setting, 2020 - 2021

UZER YILDIZ T., Yardimci A., Project Supported by Higher Education Institutions, "Transgenerational Transmission of Trauma: Investigating Cognitive, Emotional and Behavioral Forms of Transmission", 2018 - 2019

İlden Koçkar Z. A., Özen Yalçın D., Beşiroğlu L., UZER YILDIZ T., Yazar M. S., TUBITAK Project, "Travmatik Olayların Yarattığı Değişimlerin, Travmatik Anının Entegrasyonuyla ve Travma Sonrası Bozukluklarla Olan İlişkileri", 2016 - 2018

Activities in Scientific Journals

STRESS AND HEALTH, Assistant Editor/Section Editor, 2022 - Continues

Scientific Refereeing

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, December 2022

MEMORY, SCI Journal, November 2022

TUBITAK Project, 1002 - Quick Support Program, TED University, Turkey, November 2022

MEMORY & COGNITION, Journal Indexed in SSCI, June 2022

TUBITAK Project, 1001 - Program for Supporting Scientific and Technological Research Projects, TED University, Turkey, June 2022

TUBITAK Project, 1002 - Quick Support Program, TED University, Turkey, May 2022

STRESS AND HEALTH, Journal Indexed in SSCI, March 2022

APPLIED COGNITIVE PSYCHOLOGY, Journal Indexed in SSCI, February 2022

PLOS ONE, Journal Indexed in SSCI, February 2022

Memory and Cognition, November 2021

EMOTION, October 2021

Jounnal of Applied Research in Memory and Cognition, September 2021

Cognition and Emotion, August 2021

Memory and Cognition, August 2021

FRONTIERS IN PSYCHOLOGY, July 2021

Quarterly Journal of Experimental Psychology, July 2021

Memory and Cognition, June 2021

PLOS ONE, January 2021

MEMORY, March 2020

COGNITIVE DEVELOPMENT, February 2020

JOURNAL OF EXPERIMENTAL PSYCHOLOGY-LEARNING MEMORY AND COGNITION, September 2019

Memory and Cognition, August 2019

Scientific Consultations

OSYM, Other, TED University, Faculty Of Arts And Sciences, Department Of Psychology, Turkey, 2020 - 2022 OSYM, Other, TED University, Faculty Of Arts And Sciences, Department Of Psychology, Turkey, 2018 - 2022

Tasks In Event Organizations

UZER YILDIZ T., Ankara 1. Bilişsel Psikoloji Buluşması, Ankara, Turkey, Mayıs 2019

Scientific Research / Working Group Memberships

Seminar Lecture PSY 200, 2021 - Continues

Seminar Lecture PSY 448, 2021 - Continues

Co-supervision of master's theses, 2019 - Continues

PSY 200 Selected Topics in Psychology (Collaborative Course), 2021 - 2022

Coordination of PSY 200, 2021 - 2022

PSY 200: Selected Topics in Psychology, 2021 - 2022

Course colalboration for PSY 448 Trauma Psychology, 2021 - 2021

PSY 448: Trauma Psychology, 2021 - 2021

PSY 448 Trauma Psyhology (Collaborative Course), 2021 - 2021

PSY 200 Course Coordinator, 2020 - 2021

Congress and Symposium Activities

Autobiographical Memory and Psychopathology Meeting, Attendee, Melbourne, Australia, 2022 ESCOP, Attendee, Lille, France, 2022

Awards

Uzer Yıldız T., UBYT Yayın Teşvik, Tübitak, December 2022

UZER YILDIZ T., Egeden Çocuk ve Travma Vakfı Lisansüstü Tez Ödülü, EGEDEN ÇOCUK VE TRAVMA VAKFI, January 2020