

## **Asst. Prof. Yağmur Ar Karcı**

### **Personal Information**

**Office Phone:** [+90 312 585 0307](tel:+903125850307)

**Email:** [yagmur.ar@tedu.edu.tr](mailto:yagmur.ar@tedu.edu.tr)

**Web:** <https://avesis.tedu.edu.tr/yagmur.ar>

### **International Researcher IDs**

ORCID: 0000-0003-4197-3848

Publons / Web Of Science ResearcherID: G-5573-2018

ScopusID: 57209979461

Yoksis Researcher ID: 158248

### **Biography**

Yağmur Ar-Karcı graduated from METU Psychology Department with a bachelor degree in 2010 as the top scoring student of the department, and received her Ph.D. degree in Clinical Psychology Post-Bachelor Doctoral Program at the same university in 2017.

Starting to work as a research assistant at Psychology Department of METU in 2011, she provided teaching assistance to various under-graduate and graduate courses of clinical psychology, psychopathology and research methods. Besides, she performed lab sessions of these courses which were closely related with clinical and research applications. During her graduate training, Yağmur Ar-Karcı provided psychotherapy to many patients over 1000 sessions in AYNA Clinical Psychology Unit at METU, and gave CBT, Schema Therapy and Psychoanalytic oriented clinical supervision to graduate students.

Her main research interests focus on psycho-social factors affecting well-being of chronically ill patients and their families, ambiguous loss in the context of chronic illnesses, impacts of suicidal loss on surviving family members, growth and resilience among caregivers of chronically ill patients, cultural factors in psychotherapy and factors affecting therapeutic relationship. Having been ranked as the 1st in the "Young Psychologists' Research Competition" coordinated by Turkish Psychological Association in 2012, she was also awarded with the "Year of the Thesis" by METU Prof. Mustafa Parlar Education and Research Foundation. Yağmur Ar-Karcı has various international and national scientific publications. Besides, she took part in national and international projects as a researcher about psychological resilience after earthquakes and traditional healing methods; and had a chance to share her research findings in various national and international conferences.

She is still an editorial board member of AYNA Clinical Psychology Journal which had been started to be published in October 2014.

### **Education Information**

Doctorate, Middle East Technical University, Clinical Psychology, Turkey 2010 - 2017

Middle East Technical University, Turkey 2005 - 2010

### **Foreign Languages**

## Foreign Languages

English

Italian

## Academic Titles / Tasks

Assistant Professor, TED University, Faculty of Arts and Sciences, Department of Psychology, 2018 - Continues

Other, TOBB University of Economics and Technology, Psychology, 2017 - 2017

Research Assistant, Middle East Technical University, Psychology, 2011 - 2017

Other, METU-AYNA Clinical Psychology Support Unit, 2011 - 2017

## Academic and Administrative Experience

Cinsel Taciz Komisyonu Üyesi, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2023 - Continues

Vice Dean, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2020 - Continues

TEDÜ Toplumsal Cinsiyet Çalışmaları Merkezi, TED University, Faculty Of Arts And Sciences, 2020 - Continues

Birim Stratejik Plan Komisyonu Üyesi, TED University, Faculty Of Arts And Sciences, Department Of Psychology, 2022 - 2022

TEDU Copes, 2020 - 2021

"Eğitimin Sigortası Öğretmenlerimiz", 2019 - 2020

## Courses

Theories of Personality, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019

Clinical Psychology, Undergraduate, 2023 - 2024, 2021 - 2022, 2018 - 2019

Clinical and Research Ethics, Postgraduate, 2023 - 2024, 2019 - 2020

Master's Thesis I, Postgraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019

Selected Topics in Psychology, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021

Graduation Paper and Seminar, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020

Parental Psychopathology and Child Menta, Postgraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019

Psychopathology, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019

Master's Thesis II, Postgraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021

Seminar, Doctorate, 2021 - 2022

Trauma Psychology, Undergraduate, 2020 - 2021

Testing and Measurement in Psychology, Undergraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019

Pre-Thesis Seminar, Postgraduate, 2020 - 2021, 2018 - 2019

Ethics in Psychology, Undergraduate, 2019 - 2020, 2018 - 2019

Theories of Personality, Undergraduate, 2017 - 2018

## Advising Theses

Ar Karcı Y., Intergenerational transmission of relationship-related obsessive compulsive symptoms: Roles of insecure attachment styles and perfectionism, Postgraduate, S.Arı(Student), 2024

Ar Karcı Y., Intergenerational transmission of emotion regulation in the framework of the emotional cascade model through childhood emotional invalidation, Postgraduate, İ.Yılmazgil(Student), 2024

Ar Karcı Y., Identity development of children raised under state protection or foster care system: A grounded theory study, Postgraduate, B.NUR(Student), 2022

Ar Karcı Y., Intergenerational transmission of narcissistic symptoms through parental control: The protective role of

father involvement, Postgraduate, B.Arpacıoğlu(Student), 2021

Ar Karcı Y., Moderating roles of father involvement and family protective factors on the relationship between maternal early maladaptive schemas and psychological symptoms of children, Postgraduate, Y.Mert(Student), 2021

Ar Karcı Y., Development of an instrument to measure paternal postpartum depression, Postgraduate, E.Usta(Student), 2021

Ar Karcı Y., DEVELOPMENT OF AN INSTRUMENT TO MEASURE PATERNAL POSTPARTUM DEPRESSION, Postgraduate, E.USTA(Student), 2021

Gökler Danışman I., Ar Karcı Y., Impacts of parentification due to maternal depressive symptoms on the psychological symptomatology and interpersonal relationship quality of their young children: Protective role of father involvement, Postgraduate, S.Çelik(Student), 2021

Ar Karcı Y., Keser E., Investigation of substance use among late adolescents in terms of its relationship with parental acceptance rejection, self-control, anger and peer deviance, Postgraduate, E.Koşar(Student), 2021

Ar Karcı Y., An investigation into the intergenerational transmission of psychological intimate partner violence, Postgraduate, B.Özen(Student), 2021

Ar Karcı Y., Subjective meanings of death and bereavement among young people grieving for the death of a grandparent, Postgraduate, A.Karabayır(Student), 2019

Ar Karcı Y., Mediating roles of self-compassion, gratitude and forgiveness in the relationship between early maladaptive schemas and breakup adjustment : a mixed method study, Postgraduate, C.Fırıncı(Student), 2019

## Jury Memberships

PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Ankara Üniversitesi, January, 2023

September, 2019

September, 2019

July, 2019

July, 2019

July, 2019

June, 2019

April, 2019

April, 2019

February, 2019

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Examining the Basic Assumption of Psychoanalytic Theory Regarding Normal and Abnormal Grief: Roles of Unfinished Businesses and Bereavement Related Guilt**  
Keser E., Ar Karcı Y., Danisman I.  
OMEGA-JOURNAL OF DEATH AND DYING, vol.90, no.2, pp.783-804, 2024 (SSCI)
- II. **"My body is a cage": A qualitative investigation into the self-discrepancy experiences of young women with metastatic cancer**  
Kahraman Erkut Ö., Ar Karcı Y., Gençöz T.  
CHRONIC ILLNESS, vol.20, no.1, pp.117-134, 2024 (SCI-Expanded)
- III. **Structural stigma, gender-affirming interventions, and identity concealment as determinants of depression and life satisfaction among trans adults in 28 European countries**  
Ünsal B. C., Ar-Karcı Y., Demetrovics Z., Reinhardt M.  
International Journal of Transgender Health, 2024 (SCI-Expanded)
- IV. **"I have lost my second parent": developmental and cultural meanings of bereavement among turkish college students grieving for the death of a grandparent**

Karabayır A., Ar Karcı Y.

Current Psychology, vol.42, no.32, pp.28417-28430, 2023 (SSCI)

- V. **Validity and Reliability Study of Turkish Forms of the Quality of Relationships Inventory-Bereavement Version and the Bereavement Guilt Scale**  
Keser E., Karcı Y. A., Danişman I. G.  
Turk Psikiyatri Dergisi, vol.33, no.4, pp.263-273, 2022 (SSCI)
- VI. **Turkish Muslim Healers: A Qualitative Investigation of Hocas and Their Methods**  
CANEL ÇINARBAŞ D., Tuna E., Ar Karcı Y.  
JOURNAL OF RELIGION & HEALTH, vol.59, no.5, pp.2397-2413, 2020 (AHCI)
- VII. **Examination of the Psychometric Properties of Marwit-Meuser Caregiver Grief Inventory-Short Form**  
Ar Karcı Y., KARANCI A. N.  
TURK PSIKIYATRI DERGISI, vol.31, no.3, pp.192-200, 2020 (SSCI)
- VIII. **Does Marital Adjustment Mediate Type C Personality-Depressive Symptoms Relation? A Comparison between Breast Cancer Patients and Cancer-Free Women**  
BOZO ÖZEN Ö., Ar Karcı Y., Eldogan D.  
CURRENT PSYCHOLOGY, vol.38, no.5, pp.1310-1317, 2019 (SSCI)
- IX. **Turkish Adult Children as Caregivers of Parents with Alzheimer's Disease: Perceptions and Caregiving Experiences**  
Ar Karcı Y., KARANCI A. N.  
DEMENTIA-INTERNATIONAL JOURNAL OF SOCIAL RESEARCH AND PRACTICE, vol.18, no.3, pp.882-902, 2019 (SSCI)

## Articles Published in Other Journals

- I. **"I was trapped": Psychological intimate partner abuse against women and its intergenerational transmission**  
Özen B., Ar Y.  
Klinik Psikoloji Dergisi, vol.8, no.2, pp.255-282, 2024 (Peer-Reviewed Journal)
- II. **Etkin Bir Süpervizyon Süreci Neleri Kapsamalıdır? Türk Klinik Psikologların Gözünden Psikoterapi Süpervizyonu**  
Ar Karcı Y., Ünal B., Gençöz T.  
AYNA Klinik Psikoloji Dergisi, vol.4, no.2, 2017
- III. **Büyükleme ya da İncinebilirlik: Narsisistik Kişilik Örgütlenmesinin Şema Terapi Yaklaşımında Çerçevesinde Ele Alınması**  
Ar Karcı Y.  
AYNA Klinik Psikoloji Dergisi, vol.1, no.3, pp.29-43, 2014
- IV. **Fallus ve Kastrasyon Kavramları Çerçevesinde Bir Anne-Oğul İlişkisi: "Kevin Hakkında Konuşmalıyız"**  
Ar Karcı Y.  
AYNA Klinik Psikoloji Dergisi, vol.1, no.1, pp.60-68, 2014

## Books & Book Chapters

- I. **Yorumlayıcı Fenomenolojik Analiz Uygulamalarında Araştırma Sorusu Oluşturma ve Örneklem Seçimi**  
Ar Karcı Y.  
in: Psikolojide Nitel Araştırma Yöntemleri: Yaklaşımlar, Veri Analizi ve Uygulama Örnekleri, Tülin Gençöz, Editor, Nobel Yayınevi, Ankara, pp.19-29, 2022
- II. **Yorumlayıcı Fenomenolojik Analizin Psikoterapi Süreci Araştırmalarında Kullanımı**  
Ar Karcı Y.  
in: Psikoterapide Süreci Araştırmaları - Nitel Araştırma Yöntemlerinin Psikoterapi Araştırmalarına Uygulanması,

Sevda Sarı Demir, Editor, Nobel Yayıncılık, Ankara, pp.53-81, 2022

- III. **Madde Bağımlılığı**  
Ar Karcı Y.  
in: Sosyal Bilimler Ansiklopedisi, Belgin Ayvaşık, Editor, TÜBİTAK, 2020
- IV. **Ar-Karcı, Y.(2020).Madde Bağımlılığı. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK**  
Ar Karcı Y.  
in: Ar-Karcı, Y.(2020).Madde Bağımlılığı. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK, , Editor, TÜBİTAK, 2020
- V. **Ar-Karcı, Y.(2020). Bilinç. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK**  
Ar Karcı Y.  
in: Ar-Karcı, Y.(2020). Bilinç. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK, , Editor, 2020
- VI. **Ar-Karcı, Y.(2020). Uyku ve Rüyalar. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK**  
Ar Karcı Y.  
in: Ar-Karcı, Y.(2020). Uyku ve Rüyalar. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK, , Editor, TÜBİTAK, 2020
- VII. **"Görülmeleyen Ebeveynler": Babalarda Doğum Sonrası Depresyon**  
Ar Karcı Y., Usta E.  
in: Anne Babalığa Psikolojik Bakış, Ece Bekaroğlu, Editor, Nobel Akademik Yayıncılık, pp.99-112, 2020
- VIII. **Yaşlıların Karşılaştıkları Ailesel ve Toplumsal Sorunlar**  
Ar Karcı Y.  
in: YAŞLILARDA PSİKOLOJİK VE SOSYAL REHABİLİTASYON; Gülbahar Baştuğ, Editor, 2018

## Refereed Congress / Symposium Publications in Proceedings

- I. **Yakın İlişki Odaklı Obsesif Kompulsif Belirtilerin Kuşaklararası Aktarım**  
Arı S., Ar Karcı Y.  
59. Ulusal Psikiyatri Kongresi, Ankara, Turkey, 18 October 2023 - 22 August 2024, pp.84
- II. **Identity development of late-adolescents raised under state protection or foster care system: A grounded theory study**  
Öztaylan B., Ar Karcı Y.  
IV. Uluslararası Çocuk Koruma Kongresi, İzmir, Turkey, 3 - 07 October 2023, pp.20
- III. **Babaların Erken Dönem Uyumsuz Şemalarının Kuşak Aşkın Aktarımı: Algılanan Özet Ebeveynlik Biçimlerinin Kuşak Aşkın Aktarımı ve Aracı Rolü**  
Ocak M. G., Ar Karcı Y.  
X. Işık Savaşır Klinik Psikoloji Sempozyumu, İzmir, Turkey, 2 - 03 June 2023, pp.213
- IV. **Psikolojik Yakın Partner Şiddetinin Kuşaklararası Aktarımının İncelenmesi**  
Özen B., Ar Karcı Y.  
X. Işık Savaşır Klinik Psikoloji Sempozyumu, İzmir, Turkey, 2 - 03 June 2023, pp.123
- V. **Erkeklik ideolojisi ve psikolojik yardım arama davranışı ilişkisi: algılanan sosyal damgalama ve kendini açma beklentilerinin aracı rolü.**  
Ceyran D., Akgün Ö. D., Ramazanoğulları Ö. N., Koral Z., Aydın Z. N., Akdoğan Y. G., Acar A. İ., Taylan A., Ar Karcı Y.  
21. Ulusal Psikoloji Kongresi, İstanbul, Turkey, 13 - 16 October 2022, pp.228
- VI. **Ebeveyni şizofreni tanısı almış çocuklarda muğlak kayıp deneyimini açıklayan psikososyal ve politik mekanizmalar: bir temellendirilmiş kuram çalışması.**  
Arkan İ., Ar Karcı Y., Ünal B.  
21. Ulusal Psikoloji Kongresi, İstanbul, Turkey, 13 - 16 October 2022, pp.212
- VII. **Does Father Involvement Buffer the Negative Impacts of Maternal Early Maladaptive Schemas on Offspring Psychological Problems? A Moderated Mediation Model**

Mert Y., Ar Karcı Y., Gökler Danışman I.

17th European Congress of Psychology, Ljubljana, Slovenia, 5 - 08 July 2022, pp.244

- VIII. **Testing a Moderated Mediation Model of Paternal Postpartum Depression: Roles of Attachment Styles, Parenting Stress, Maternal Depression and Marital Satisfaction**  
Usta E., Ar Karcı Y., Keser E.  
17th European Congress of Psychology, Ljubljana, Slovenia, 5 - 08 July 2022, pp.245-246
- IX. **Familial and Cognitive Predictors of Psychological Symptoms Among University Students Living With their Families During the COVID-19 Pandemic**  
Ar Karcı Y., Mouden B., Yaygın B., Saygılı S. S., Güler Ö. A., Pehlivan Ş., Çavuş M. Ç., Kurtoğlu Ç. M.  
17th European Congress of Psychology, Ljubljana, Slovenia, 5 - 08 July 2022, pp.344
- X. **Geç Ergenlerde Madde Kullanımının Ebeveyn Kabul-Reddi, Öz Kontrol, Öfke ve Akran Sapması İlişkisi Açısından İncelenmesi**  
Koşar E., Ar Karcı Y., KESER E.
- XI. **Does Self-Ambivalence Mediate the Relation between Parental Attitudes and Dissociative Symptoms?**  
Sayın Ö., Ar Karcı Y.
- XII. **Subjective Meanings of Death and Bereavement among Young People Grieving for Grandparent Loss**  
Karabayır A., Ar Karcı Y.
- XIII. **Impacts of Parentification due to Maternal Depression on Youth's Interpersonal Relationship Quality**  
Çelik S., GÖKLER DANIŞMAN I., Ar Karcı Y.
- XIV. **Predictors of Depression, Anxiety, Anticipatory Grief and Growth in Turkish Offspring as Caregivers of Parents with Alzheimer's disease**  
Ar Karcı Y., Karancı A. N.
- XV. **YOKLUKLARI İLE YANIMIZDALAR: MUĞLAK KAYIP DENEYİMİNDE ANLAMI YENİDEN YAPILANDIRMA**  
Ar Karcı Y.  
1. Ankara Travma Sempozyumu, 19 - 20 October 2019
- XVI. **Grandiosity or Vulnerability: Schema Therapy Approach for Narcissistic Personality Functioning and Implications on the Therapeutic Relationship**  
Ar Karcı Y., Bekaroğlu E.
- XVII. **Suicide as a Dignified or Undignified Act: Social Representations of Suicide in a Predominantly Muslim Country**  
Ar Karcı Y., Öner-Özkan B., Solmazer G.
- XVIII. **The Moderator Roles of Illness Related Variables on the Relationship between Social Inhibition and Quality of Life among Breast Cancer Patients**  
Ar Karcı Y., Bozo Ö., Kızıkoğlu E., Karanfil D.
- XIX. **Components of Effective Supervision Process: Effects of Clinical Experience and Supervision on Insight of the Psychotherapists**  
Ar Karcı Y., Ünal B., Gençöz T.
- XX. **Integration of Religion and Its Basic Assumptions into Cognitive-Behavioral Therapy**  
Ar Karcı Y.
- XXI. **How do Turkish earthquake survivors perceive psycho-social impacts and psychological resilience?**  
Karancı A. N., İkizer G., Doğulu C., Ar Karcı Y.
- XXII. **How do Turkish earthquake survivors perceive psychological impacts and psychological resilience?**  
KARANCI A. N., İKİZER G., DOĞULU C., AR Y.  
13th European Congress of Psychology, Stockholm, Sweden, 9 - 12 July 2013

## Activities in Scientific Journals

AYNA Klinik Psikoloji Dergisi, Editor, 2015 - Continues

## **Scientific Refereeing**

TURK PSIKOLOJİ DERGİSİ, December 2020

CURRENT PSYCHOLOGY, February 2019

PSYCHOLOGICAL REPORTS, January 2019

DEMENTIA : THE INTERNATIONAL JOURNAL OF SOCIAL RESEARCH AND PRACTICE, January 2019

PSYCHOLOGICAL REPORTS, October 2018

## **Scientific Research / Working Group Memberships**

Psy 200, 2020 - 2021

Integration of "English in Disciplines" to Theories of Personality Course, 2019 - 2019

## **Awards**

AR KARCI Y., ODTÜ Prof. Dr. Mustafa N.PARLAR Eğitim ve Araştırma Vakfı Yılıın Tezi Ödülü, ODTÜ Prof. Dr. Mustafa N.PARLAR Eğitim ve Araştırma Vakfı, December 2017