

## Res. Asst. Zehra Yeler

### Personal Information

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### International Researcher IDs

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### Biography

She was born in Ankara in 1994. She graduated from high school in 2012. After a one-year studentship experience in Molecular Biology and Genetics, she did a 180-degree turn in her career path. She graduated from TED University Guidance and Psychological Counseling Department in 2018 with high honors. During the undergraduate education, she worked as a coordinator for one and a half years in a voluntary group, which was gathered under the leadership of Istasyon TEDU. She started her master's degree at Gazi University, Guidance and Psychological Counseling Department right after her undergraduate graduation. Among her research interests, concepts such as emerging adulthood, difficulties in the transition to adulthood, psychological flexibility, intolerance to uncertainty can be listed. She is interested in *Acceptance and Commitment Therapy* and gets related training. Vulnerable groups are also among her interests, and she tries to keep close tabs on the literature and practices, especially for refugee children and unaccompanied minors in child protection services.

She has been working as a research assistant in the Department of Guidance and Psychological Counseling at TED University since February 2019.

### Education Information

Doctorate, Gazi University, Eğitim Bilimleri Enstitüsü, Department of Educational Sciences, Turkey 2022 - Continues

Postgraduate, Gazi University, Eğitim Bilimleri Enstitüsü, Department of Educational Sciences, Turkey 2018 - 2021

Undergraduate, TED University, Faculty of Education, Department of Educational Sciences, Turkey 2013 - 2018

### Academic Titles / Tasks

Research Assistant, TED University, Faculty of Education, Department of Educational Sciences, 2019 - Continues

### Articles Published in Other Journals

- Methodological Discussions on the Use of Tricky Topics Technique for the Focus Group Discussions**  
ERDEN BAŞARAN Ö., UĞUREL KAMIŞLI M., YILDIZ H. S., Özgülük Üçok S. B., YELER Z.  
JOURNAL OF HIGHER EDUCATION AND SCIENCE (YUKSEKOGRETİM VE BİLİM DERGİSİ), vol.13, no.2, pp.195-204, 2023 (Peer-Reviewed Journal)
- A Developmental Crisis in Transition to Adulthood: Quarter-Life Crisis**

Çok F., Özdoğan H. K., Berber K., Yeler Z.

Humanistic Perspective, vol.5, no.2, pp.898-920, 2023 (Peer-Reviewed Journal)

**III. Quarter Life Crisis among Emerging Adults in Turkey and Its Relationship with Intolerance of Uncertainty**

Yeler Z., BERBER K., ÖZDOĞAN H. K., ÇOK F.

Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.11, no.61, pp.245-262, 2021 (Peer-Reviewed Journal)

## **Books & Book Chapters**

**I. Literatür ve Ülke İncelemeleri**

Yücelyiğit S., Akın Sabuncu S., İrgin P., Canaran Ö., Aracı İyiyaydın A., Sözen Özdoğan S., Havadar E. E., Yeler Z.  
in: Yükseköğretimde program geliştirme: TED Üniversitesi Eğitim Fakültesi Örneği, AKSOY ERDEM, Editor, Anı Yayıncılık, Ankara, pp.17-47, 2023

**II. Romantik İlişki Türleri**

Yeler Z., MERCAN M. N.

in: Yakın İlişkiler, Özgülük Üçok, S. Burcu, Editor, Nobel Akademik Yayıncılık, Ankara, pp.97-123, 2022

## **Refereed Congress / Symposium Publications in Proceedings**

**I. The Inventory of Dimensions of Emerging Adulthood: Findings from Different Countries**

Yeler Z., Atak H., Berber K., Özdoğan H. K., Çok F.

25th International Congress on Psychological Counseling and Guidance, Ankara, Turkey, 16 - 19 May 2024, pp.581

**II. A Review and Evaluation of the Psychometric Evaluation of the Revised Turkish Version of Inventory of the Dimensions of Emerging Adulthood**

Arnett J. J., Atak H., Çok F., Özdoğan H. K., Berber K., Yeler Z.

II. Uluslararası Ergenlik ve Gençlik Araştırmaları Kongresi, Nevşehir, Turkey, 6 - 08 September 2023, pp.20-21

**III. TickTock! The pendulum swings from adolescence to adulthood: An exploratory analysis of quarter-life crisis contents on TikTok**

Yeler Z., Berber K.

European Conference on Developmental Psychology (ECDP), Turku, Finland, 28 August - 01 September 2023, pp.291-292

**IV. Yükseköğretimde Program Geliştirme: TED Üniversitesi Eğitim Fakültesi Örneği**

Aksoy E., Voltan Acar N. H., Elmas B., Er S. S., Toker Z., Haşlamam T., Yücelyiğit S., Erdoğan T., Alkaş Ulusoy Ç., Emre Akdoğan E., et al.

10. International Eurasian Educational Research Congress, Ankara, Turkey, 8 - 11 June 2023, pp.141-142

**V. Validity And Reliability Study Of Turkish Version Of Crisis Screening Questionnaire -9**

BERBER K., Yeler Z., ÖZDOĞAN H. K., ÇOK F.

10th SSEA Conference: Wellbeing During Emerging Adulthood: Challenges & Opportunities, New York, United States Of America, 04 November 2021

**VI. 20-35 yaş aralığındaki bireylerin yaşadığı zorluklar ve çeyrek yaşam krizi**

Yeler Z., BERBER K., ÖZDOĞAN H. K., ÇOK F.

Uluslararası Ergenlik ve Gençlik Araştırmaları Kongresi, Aydın, Turkey, 29 April - 01 May 2021, pp.83

**VII. Beliren yetişkinlerde psikolojik katılık ve çeyrek yaşam krizinin ilişkisi**

Yeler Z., YÜKSEL G.

Uluslararası Ergenlik ve Gençlik Araştırmaları Kongresi, Aydın, Turkey, 29 April - 01 May 2021, pp.117

**VIII. Öğretmen Adaylarında Sosyal Sorumluluk Düzeyi, Sığınmacılara Yönelik Tutum ve Özgeçmiş Niyetler Arasındaki İlişkilerin İncelenmesi**

Demirutku K., Yeler Z., Yılmaztürk N. H.

I. Sığınmacılarda ve Mültecilerde Psikolojik Sağlık Sempozyumu - Ahenkli Birey Ahenkli Toplum, Ankara, Turkey, 03

March 2018, pp.32

## **Tasks In Event Organizations**

Aksoy E., Er S. S., Alkaş Ulusoy Ç., Şen M., Haşlaman T., Yücelyiğit S., Toker Z., Çelikdemir K., Torun Y., Sunar S., et al., 10.  
International Eurasian Educational Research Congress, Scientific Congress, Ankara, Turkey, Haziran 2023